

Safe Alternatives For The Home

Disinfectant and Mold Inhibitor

Place 1 teaspoon borax and 3 tablespoons white vinegar in spray bottle. Dissolve borax by pouring 2 cups hot water over it. Shake. Spray onto mold-growing areas. Leave without rinsing, vinegar will evaporate.

Drain Opener

Use plunger or snake. Put ½ cup baking soda followed by ½ cup white vinegar or lemon down drain. Flush 15 minutes later with hot water. Prevent clogs by pouring boiling water directly down the drain weekly.

Floor Polish

Mop with 1 cup white vinegar mixed with 2 gallons of water to remove dull, greasy film.

Floor Wax Stripper

Pour a small amount of club soda on a section of the floor. Scrub well, let soak for a few minutes, then wipe clean.

General Purpose Cleaner

¼ cup borax, ¼ cup white vinegar, 2 gallons hot water. Stir to dissolve. Use mop or sponge to clean. Additional products – Murphy's Oil Soap or Citra Solv.

Metal Cleaner

A dab of white toothpaste with water to make paste. Rub on metal with damp sponge. Rinse with hot water and buff dry with a soft cloth.

Oven Cleaner

Sprinkle salt on spills while still warm. Scrub. Or mix 1 cup baking soda and 1 tablespoon salt with water to make a paste. Spread evenly over oven. Wait overnight. Soak steel wool in water and scrub. Additional Citra-Solv.

Rug Cleaner

Sprinkle baking soda on rug then vacuum. Use club soda on stains. Additional product – Heavenly Horsetail All purpose cleaner for steam cleaning.

Scouring Powder

1 cup baking soda mixed with ¼ borax. Dampen sponge and scoop mixture. Rub on surface. Let "rest" then rinse well. Additional product: Bon Ami.

Spot Remover

Clean grill quickly. Use club soda for fruit juice, tea, gravy, ketchup, or mud. Cold water immediately for Blood. Lemon juice for ink, perspiration. Beaten egg whites for leather.

Toilet Bowl Cleaner

2-3 tablespoons cream of tartar sprinkled on area. Scrub and rinse. Or 1 cup borax and ¼ cup vinegar or lemon juice poured into bowl. Let rest for a few hours, then scrub with brush flush.

Window Cleaner

Use 1/8 cup vinegar in 1 cup warm water. Use spray bottle. Dry with newspaper.



Safe Alternatives For The Garage

Antifreeze

Use less toxic propylene glycol-based antifreeze

Household Batteries

Buy rechargeable batteries and charger or use solar power substitute. Recycle chargeable batteries instead of discarding.

Oil-Based Paints

Use less toxic latex paint. Or use solvent-free paint when possible.

Paint Thinner

Let paint particles settle, then pour off clear liquid and reuse.

Varnishes and stains

Look for less toxic water-based alternatives. Or use pure Tung-oil combined with pure linseed oil. Use shellac.

**Check out our website at:
www.kvcog.org**

Safe Alternatives For The Garden

Bug Sprays/Insecticides

For gardens, use companion planting. Plant disease resistant seeds. Pour a line of cream of tartar, red chili pepper, paprika or dried peppermint where ants are entering the house.

Chemical Fertilizers

Use compost, blood or fish meal, wood ashes. Plant cover crop in winter such as annual rye.

Flea Killer

Use a flea comb, vacuum often. Wash pet's bedding. Give pet brewer's yeast, garlic tablets or Vitamin B as preventative measures.

Insect Repellent

Do not wear scented products out doors. Burn citronella candles, punk or incense. Additional products: Bite Blocker.

Moth Balls

Use cedar chips or dried lavender sachets.

Weed Killer

Pull weeds, mulch garden. Use intensive gardening techniques. Maintain a healthy lawn by adjusting the pH to 6.5, mowing high with a sharp blade and watering deeply when the soil is too dry.

Household Hazardous Waste

Don't Ever Buy Hazardous Household Products, Use Safe Alternatives!

Key To Alternative Products



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