

Waterville Parks & Recreation



Summer 2012

6 Wentworth Ct, Waterville, Maine 04901
Phone: (207) 680-4744 Fax: (207) 877-7532
www.waterville-me.gov/departments/parks

New This Year

Based on feedback from the community the City of Waterville has adopted a Tobacco Free Ordinance.

Smoking is prohibited within 20 feet of City of Waterville Parks & Recreation Areas including public pool and watercraft accesses, playgrounds, parks, the city swimming pool, its athletic fields and athletic facilities (except in specifically designated areas) owned or maintained by the City of Waterville. For example, smoking is not allowed on or within 20 feet of the North Street Recreation Area, its parking lots, sporting areas, spectator areas or community gardens.

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Waterville Parks and Recreation Department

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6 Wentworth Court
Waterville, Maine 04901
Phone: (207) 680-4744
Fax: (207) 877-7532
Office Hours: Monday - Friday, 8:00 am - 5:00 pm
Website: www.waterville-me.gov/departments/parks

Parks and Recreation Staff

Matt Skehan - Director, MS
Bobbie-Jo Green - Recreation Coordinator
Sam Green - Parks Foreman
Steve Buzzell - Grounds Mechanic
April Ames - Executive Assistant

Mission Statement

To enhance the quality of life and meet the leisure needs of the community. Provide a variety of quality programs for all ages and interests in sufficient, well maintained and properly supervised facilities.

New Programs

Programs and activities that are offered depend a great deal on the interests and needs of the people and availability of instructors. If you have a suggestion for a new program, or if you are qualified to instruct, teach or coach a skill that could be included as one of our special activities, please contact Waterville Parks and Recreation.

Program Satisfaction

Satisfaction is the goal of the Waterville Parks and Recreation Department. We are committed to offering the best programs and services we can. If at any time you are not happy with our services, please call and discuss the matter with one of our staff members.

Recreation Scholarships

Part of our commitment to the community is to offer quality programs at an affordable level for all residents. Scholarships are available to Waterville families who are unable to meet fees. Please contact the Parks and Recreation Office at 680-4744 to make arrangements. Scholarships are not available for all programs.

Residency

You are a resident if you own or rent property within the City of Waterville. Scholarships are available to Waterville residents only.

Cancellations

The Waterville Parks and Recreation Department reserves the right to cancel a program due to insufficient registrations or any other case that prevents the presentation of an activity in a safe, acceptable manner.

Individuals with Disabilities

All programs are available to people with disabilities and arrangements will be made when necessary to allow participation.

Email Listserv

We are constantly updating our email listserv. If you would like to be added to or removed from our listserv, please email us at parks@waterville-me.gov and write "add to listserv" or "remove from listserv" in the subject line.

Facebook

Waterville Parks and Recreation can now be found on Facebook. We hope to use our Facebook page to interact with members of the community. We would love to hear your thoughts about current programs, future programs you would like to see and area recreation facilities. This page will also be utilized to update individuals about program information (cancellations, etc.). Please check out our page and let us know what you think.

About the Department

Registration for summer programs starts on Friday, June 1, 2012.

How to Register

Complete the registration form and mail along with total fees due to: Waterville Parks and Recreation, 6 Wentworth Court, Waterville, Maine 04901. Full payment is expected prior to the start of a program. We do not send or call with confirmations for mailed registrations. We will only notify you if the program you are registering for has been filled, canceled or changed.

You may also come to our office located at 6 Wentworth Court in Waterville during normal business hours, Monday - Friday, 8:00 am - 5:00 pm.

Program fees WILL NOT be pro-rated for participants missing time because of late registration, illness, family vacations or visitation schedules.

Registrations and payments can only be processed at the Waterville Parks and Recreation Office. Please do not try to register and/or pay for a program at the program site. You will be directed by a staff member to take the registration form and/or payment to the Parks and Recreation Office.

We are sorry, but the Department cannot accept telephone registrations or reservations. All parents/guardians must sign a release waiver located on our registration form to sign up for a program. Friends or other family members may NOT register another person without a registration form signed by a child's parent/guardian or by the other adult wishing to participate.

Payment Method

The City of Waterville is not equipped to take credit cards or debit cards at this time. We can only accept cash or checks as payment. Please make checks payable to "City of Waterville". **Full payment** is expected prior to the start of each program.

Participant Age/Grade

All participants are required to be of the age/grade requested in the brochure to be eligible to participate. No exceptions can be made. Participants **MUST** be of the age listed by June 1, 2012. For all summer programs the participants' grade is the grade entering in the fall.

Refunds

Waterville Parks and Recreation will grant refunds by check (please allow at least three weeks for processing) for programs and activities **PRIOR** to the program's first class. Once a program has started, NO FEES will be refunded. The Department encourages registrants to carefully consider their schedule prior to registration.

Registration Forms

A program registration form is located in this brochure. Please feel free to make as many copies of the registration form as you need. You may also pick up additional copies at the Waterville Parks and Recreation Office. Registrations will not be processed until a completed registration form is submitted to the office.

Emergency Contact Information Card

All parents/guardians registering participants under the age of 18 are asked to complete an emergency contact information card. Copies of the emergency contact information card are located in this brochure. Please feel free to make as many copies of the card as necessary. Additional copies of the card will also be available at the Waterville Parks & Recreation Office.

Golf Lessons

Looking for a fun outdoor activity for the summer? Join our instructor at the Pine Ridge Golf Course this summer and develop your game. Our instructor emphasizes the fundamentals of the game for both beginners and those with more experience. Our lessons are broken into four two week long sessions (two hours total per week).

Who:
Youths, Ages 7-17

Where:
Pine Ridge Golf Course

Fees (per session):
Resident - \$35.00
Non Resident - \$45.00

Scholarship Eligible:
Yes

What to Bring:
Golf Clubs (if possible)



Youth Sports

Lesson Designators:

Beginners (B) - This class is for participants with little to no previous golf instruction.

Intermediate (I) - This is for participants with 2 years or more experience playing golf.

Ages 7-12

Ages 13-17

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>	<u>Level</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>	<u>Level</u>
6/25-7/6	M & W	12:45-1:45 pm	GYB6251	B	6/25-7/6	T & Th	2:00 - 3:00 pm	GYB6252	B
6/25-7/6	T & Th	12:45 - 1:45 pm	GYI6251	I	6/25-7/6	M & W	2:00 - 3:00 pm	GYI6252	I
7/9-7/20	M & W	12:45 - 1:45 pm	GYB791	B	7/9-7/20	T & Th	2:00 - 3:00 pm	GYB792	B
7/9-7/20	T & Th	12:45 - 1:45 pm	GYI791	I	7/9-7/20	M & W	2:00 - 3:00 pm	GYI792	I
7/23-8/3	M & W	12:45 - 1:45 pm	GYB7231	B	7/23-8/3	T & Th	2:00 - 3:00 pm	GYB7232	B
7/23-8/3	T & Th	12:45 - 1:45 pm	GYI7231	I	7/23-8/3	M & W	2:00 - 3:00 pm	GYI7232	I
8/6-8/17	M & W	12:45 - 1:45 pm	GYB861	B	8/6-8/17	T & Th	2:00 - 3:00 pm	GYB862	B
8/6-8/17	T & Th	12:45 - 1:45 pm	GYI861	I	8/6-8/17	M & W	2:00 - 3:00 pm	GYI862	I

Tennis - Play & Learn!

Join our instructor at the North Street Tennis Courts for the opportunity to learn how to play tennis. Our instructor is certified in teaching the QuickStart format for youth participants. It's never too late to try this exciting sport. We offer two, four-week sessions of tennis (total of two hours per week).

Who:
Youths, Ages 7-17

Where:
North Street Tennis Courts

Fees (per session):
Resident - \$30.00
Non Resident - \$40.00

Scholarship Eligible:
Yes

What to Bring:
Tennis Racket (if possible)

Lesson Designators:

Beginners (B) - This class is for participants with little to no previous tennis instruction.

Intermediate (I) - This is for participants with 2 years or more experience playing tennis.

Ages 7-12

Ages 13-17

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>	<u>Level</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>	<u>Level</u>
6/25-7/20	M & W	9:00 - 10:00 am	TYB6251	B	6/25-7/20	T & Th	11:00 - 12:00 pm	TYB6252	B
6/25-7/20	M & W	11:00 - 12:00 pm	TYB6253	B	6/25-7/20	M & W	10:00 - 11:00 am	TYI6251	I
6/25-7/20	T & Th	9:00 - 10:00 am	TYI6252	I	6/25-7/20	T & Th	10:00 - 11:00 am	TYI6253	I
7/23-8/17	M & W	9:00 - 10:00 am	TYB7231	B	7/23-8/17	T & Th	11:00 - 12:00 pm	TYB7232	B
7/23-8/17	M & W	11:00 - 12:00 pm	TYB7233	B	7/23-8/17	M & W	10:00 - 11:00 am	TYI7231	I
7/23-8/17	T & Th	9:00 - 10:00 am	TYI7232	I	7/23-8/17	T & Th	10:00 - 11:00 am	TYI7233	I



Track & Field

We offer a quality track and field program for ages 6-14 that is affiliated with USA Track and Field. The program is for beginners and those with more experience. The Waterville team, coached by Wendy Serbent, will have an opportunity to compete against other Central Maine summer track teams. Track and Field participants will be exposed to a variety of events including 200m, 400m, 800m, long jump, high jump, shot put, discus, race-walking and more. Please register early (by June 1st). Practices are held at the Waterville High School Track. All participants will receive a track shirt.

Please note: spiked running shoes are not allowed on the track.

Who:

Youths, Ages 6-14
TF610 (Ages 6-10)
TF1114 (Ages 11-14)

Where:

Waterville High School Track

Fees (per session):

Resident - \$50.00
Non Resident - \$60.00

What to Bring:

Appropriate Running Attire

Scholarship Eligible:

Yes (Scholarship does not cover entry fees for track meets)

Practice Schedule:

Ages 6-10
Mon & Wed, 9:00 - 10:00 am
Ages 11-14
Mon & Wed, 10:00 - 11:30 am

Track meets are held on Thursdays, throughout Central Maine at 2:00 pm. Each participant must pay a \$2.00 entry fee at each meet. Transportation will be provided for participants only.

This year we are proud to announce that Waterville Parks & Recreation will be hosting the July 19th track meet.

The State Qualifying Meet will be held on Thursday, August 2nd and the State Championship Meet will be held on Saturday, August 11th. Please note the entry fee for the State Championship meet will be \$3.00 per participant.

Please note: Practices will start on Wednesday, June 20th.



Maine Association USA Track & Field 14 & Under 2012 Developmental Meets Schedule

All meets start at 2:00 pm unless other noted.

Thursday, June 28th - Lewiston High School

Directions - Go south on I-95S, take exit 80 toward ME-196, turn slight right onto Alfred A. Plourde Pky, turn left onto Webster St, turn left onto East Ave (.1 mile past Moody St, if you reach Sylvan Ave, you've gone too far), Lewiston High School (156 East Ave) will be on the right (if you reach Boston Ave, you've gone too far).

Thursday, July 5th - Skowhegan Area High School

Directions - Leaving Waterville High School, left onto Messalonskee Ave, turn right onto Gilman St, turn left onto Pleasant St, turn left onto ME-104/Main St/Upper Main St, continue to follow ME-104, stay straight to go onto Norridgewock Rd/ME-139, continue to follow ME-139, turn right onto Skowhegan Rd/US-2/US-201A, continue to follow US-2/US-201A, turn right onto Academy Cir (if you reach Meadow View Rd, you've gone too far), Skowhegan Area High School (61 Academy Cir) is on your left (if you reach W Front St, you've gone too far).

Thursday, July 12th - Maranacook Community High School

Directions - Go south on I-95S, merge onto Western Ave/US-202 W/ME-17 W/ME-11 W/ME-100W via exit 109B toward Winthrop, turn slight right onto ME-17/Readfield Rd, continue to follow ME-17 (ME-17 is just past Kerns Hill Rd), turn right onto Millard Harrison Dr (if you reach Old Fairgrounds Rd, you've gone too far), Maranacook Community High School (Millard Harrison Dr) is on this road.

Thursday, July 19th - Waterville High School

Thursday, July 26th - Cony High School

Directions - Go south on I-95S, take Exit 113 toward Augusta/Belfast, stay straight on ME-3, turn slight right toward ME-17/US201S/ME-100S/Augusta/Rockland/Camden, turn slight right onto US-201/ME100, continue to follow US-201S, enter next roundabout and take the 4th exit onto ME-105/Cony St, Cony High School is located at 60 Pierce Dr (just past Morse St, if you reach Gannett St, you've gone too far).

Thursday, August 2nd - Junior Division Qualifying Meet - Skowhegan Area High School

Please note that the meet starts at 10:00 am

Saturday, August 11th - State Championship - Cony High School

Please note that the meet starts at 9:00 am

Art Lessons

Young artists ages 7-14 can join us for an exciting art program. Lessons offer an opportunity for children to express their creativity in a relaxed and fun atmosphere. Throughout the summer, participants will explore various mediums and topics including, but not limited to: colored pencil, acrylic paint, watercolors, and sand art. Participants should bring or wear an old shirt or art smock for lessons.

Code: Art
Who: Kids, Ages 7-14
When: June 25 - August 17
Tuesdays, 9:30 - 10:30 am
Where: North Street Recreation Area
Fees: Resident - \$30.00
Non Resident - \$40.00
What to Bring: Art Smock or an Old Shirt

Scholarship Eligible: Yes

Tiny Tykes

Let's get together and have a good time. Tiny Tykes Good Time Hour is a six week program designed to introduce the younger participants to a wide variety of activities. Each week will have a different theme with associated projects and activities. Youngsters will also have an opportunity to meet new friends and learn the importance of good sportsmanship and teamwork. Having fun and being active is what to expect. Registration is required. *Please include t-shirt size on the registration form.*

Code: TT3-6
Who: Kids, Ages 3-6
When: June 25 - August 3
Wednesdays, 9:30 - 10:30 am
Where: North Street Recreation Area
Fees: Resident - \$30.00
Non Resident - \$40.00
What to Bring: Art Smock or an Old Shirt for Art Projects

Scholarship Eligible: Yes

Lunch Program

We will once again be participating in the summer lunch program offered through Waterville Public Schools. This federally funded program provides the opportunity to continue with a child's physical and social development while providing nutritious meals. All children 18 years of age and under are eligible to receive a free meal, which will be provided at the North Street Picnic Shelters weekdays at approximately 12:00 pm. This is a first come/first served program. ***Please note, time is approximate and may be subject to change depending on actual delivery times and routes.***

Bus transportation will be provided. The bus will leave from and return to the Waterville High School. Pre-registration is required for all trips. Please register by the deadline listed. Full payment for field trips is expected prior to the registration deadline. *All youths, ages 17 and under, must be accompanied by an adult 18 years or older.*

Please Note: Field trips are not scholarship eligible.

Portland Sea Dogs vs Trenton Thunder

We'll take you out to the "ole ball game" because we are heading south to Hadlock Field to see the Boston Red Sox Double A Affiliate Portland Sea Dogs take on the Yankees Double A Affiliate the Trenton Thunder. Its always an exciting afternoon of baseball at a very reasonable price. General admission tickets.

Code: SeaDogs
When: Sunday, July 1st at 1:00 pm
Bus Leaves: 11:00 am
Bus Returns: Approximately 7:00 pm
Fees: \$12.00/person

Old Orchard Beach Excursion

Looking for a fun trip, but don't want to go too far from home? Why not travel down to Old Orchard Beach with us this summer? The bus will drop participants off near the pier. From there, participants are on their own for the day. Potential activities include: enjoying the beach, visiting the pier, visiting Palace Playland and much more.

Code: OOB
When: Friday, July 27th
Bus Leaves: 8:30 am
Bus Returns: Approximately 6:00 pm
Fees: \$8.00/person



Fall Foliage Trip Rangeley Lakes National Scenic Byway

Join the Waterville Parks and Recreation Department as we travel on the Rangeley Lakes National Scenic Byway to experience the breathtaking fall foliage colors. Composed of Route 17 and Route 4, the Rangeley Lakes Scenic byway runs through the vistas of the rugged mountains, cascading rivers and streams. Encounter the vast beauty of Smalls Falls, the Appalachian Mountains, Mooseloopmeguntic Lake, Beaver Pond, Coos Canyon and more. The bus will stop at some of the above sites as well as stopping in Rangeley where you can dine, shop at specialty stores and visit the Apple Festival.

Code: Foliage
When: Saturday, October 6th
Bus Leaves: 9:30 am
Bus Returns: Approximately 4:30 pm
Fees: \$8.00/person

Waterville Parks & Recreation reserves the right to cancel all trips because of low registrations.

Character Picnic/Book Walk

Preschoolers bring your favorite stuffed animal to meet a special surprise guest at a lunch time filled with coloring, storytelling and of course a delicious peanut butter and jelly sandwich provided by the Parks and Recreation staff. Who will our surprise guest be this summer?

This year we will be trying something new at our picnic. Prior to the arrival of our special guest, participants will be able to walk along the North Street Trail and hear the story of the *The Very Hungry Caterpillar* by Eric Carle.



- Who:** Kids, ages 3-6
When: Friday, July 13th at 10:30 am
Where: North Street Recreation Area
What to Bring: Favorite Stuffed Animal

2nd Annual Mother/Son Pool Party

Waterville Parks and Recreation is proud to announce our 2nd annual Mother Son Pool Party to be held on Saturday, July 14th at the Alfond Municipal Pool Complex located on North Street for grades kindergarten through 5th. This event is for mothers (or favorite female guardians) and sons only. We've been listening to your thoughts and comments the last few years and hope to make this a special annual event much like the Father Daughter Dance.

The evening will feature swimming, light refreshments, games and activities. Please note, photos will **not** be available for this event. Please feel free to bring a camera to capture your own special moments.

Invitations will be sent out to Waterville Schools in May. Tickets will go on sale June 1st and can be purchased at the Waterville Parks & Recreation Office.

In the event of rain, the pool party will move inside to the Alfond Youth Center.

- Who:** Boys, Grades K - 5th
When: Saturday, July 14th from 5:00 - 7:00 pm
Where: Alfond Municipal Pool Complex
Tickets: \$15.00 per resident couple \$20.00 per non-resident couple
\$5.00 for each additional son or chaperone

Special Events

Alfond Municipal Pool

Saturday, June 23rd marks the opening of the 15th year of operation of this extremely popular outdoor water park located on North Street. Attendance continues to rise as people of all ages take advantage of the facility. The pool complex features:

- 6 Lane, 25 Meter Pool
- Family Swim Area
- Zero-Entry Area with “Raindrop”
- 18” Deep Kiddy Pool with Frog Slide
- 12” Deep Kiddy Pool with “Little Squirts”
- Spray Pool with 16 Water Jets
- Slide Pool Featuring Twister and Tube Slide (*Users must be 48” or taller and be able to swim to use slides*)
- Snack Bar

Season & Hours of Operation

Saturday, June 23rd - Sunday, August 19th

Please note new times & fees

Swim Lessons	10:00 am - 12:00 pm
Lap Swim	11:30 am - 12:30 pm
Open Swim	12:30 pm - 7:00 pm
	<i>Monday - Friday</i>
	11:00 am - 6:00 pm
	<i>Saturday & Sunday</i>

Open to all ages. Children under 8 years of age must be accompanied by an adult or chaperone 16 years of age or older.

Residency

You are a resident if you own or rent property within the City of Waterville.

Water Slides

In order to use the water slides, participants must be at least 48” or taller and must be able to swim.

Pool Fees

Open Swim

(Daily Admission)

Children (17 & Under)

Residents	\$2.00
Non Residents	\$4.00

Adults (18 & Over)

Residents	\$3.00
Non Residents	\$7.00

Seniors (65 & Over)

Residents	Free
Non Residents	\$5.00

Participants must be 18 years or older to purchase season passes and must show proof of residency.

Individual Season Passes

Residents

Children	\$15.00
Adults	\$25.00
Seniors	Free

Non Residents

Children	\$40.00
Adults	\$50.00
Seniors	\$40.00

Family Season Passes

Residents

Up to 4 individuals in same household \$30.00
Each additional individual \$10.00

Non Residents

Up to 4 individuals in same household \$100.00
Each additional individual \$20.00

Outdoor Pool Rental

On a limited basis, the Alford Municipal Pool can be rented out to individuals, groups and organizations. Pool rentals are only scheduled for off hours on the weekends. The pool can be rented between the hours of 9:00 am - 11:00 am on Saturday or Sunday. Rentals are on a hourly basis. Interested parties must contact the Parks and Recreation Office at 680-4744 with their request.

Please note the rental must be paid for in full upon reserving a date and time. If the rental is canceled prior to cancelation deadlines, all fees minus 25% will be returned.

Pool Rental Fee Information – 2012

<u>Number of People</u>	<u>Resident Fee Per Hour</u>	<u>Non-Resident Fee Per Hour</u>
50 or less	\$100.00	\$150.00
51- 75	\$125.00	\$175.00
76-100	\$150.00	\$200.00
100-125	\$180.00	\$230.00
126-150	\$210.00	\$260.00
151-175	\$240.00	\$290.00
176-200	\$270.00	\$320.00
201-225	\$300.00	\$350.00
226-250	\$330.00	\$380.00
251-275	\$370.00	\$410.00
276-300	\$400.00	\$440.00

For any reservations over 300 people, please check with Waterville Parks & Recreation for pricing.

Youth Group Fridays at the Alford Municipal Pool

We will be hosting two special Youth Group Friday Mornings at the Alford Municipal Pool. These special pool hours are for recreation groups, child care groups and other youth groups (under the age of 17). Pre-registration is required to attend. Groups who register will be charged \$2.00 per child. There will be no charge for staff members. All groups must register prior to the date.

Friday, July 13th at 10:00 am
Friday, August 3rd at 10:00 am

To register your group or for more information, please contact
Waterville Parks & Recreation at 680-4744.

Alford Municipal Pool

Swimming Lessons

Our swim lesson participants receive Red Cross Certification for the various levels passed.

Inclement Weather Policy: During inclement weather, whenever possible, swim lessons will be moved to the Alford Youth Center indoor pool.

Fees

Tiny Tots - Twice a Week

Residents - \$20.00

Non Residents - \$30.00

Swim Lessons (All Levels) - Four Days Per Week

Residents - \$40.00

Non Residents - \$50.00

Scholarship Eligible - Yes

Tiny Tots (Ages 3-5)

This program builds swimming readiness by emphasizing fun in the water. Participants in the class will learn elementary skills, including water entry, bubble blowing, front kicking, back floating, underwater exploration and more. Once children can perform basic skills without adult assistance, they may begin Level I: Introduction to Water Skills. Parents are welcome to get in the water with their children.

Dates	Days	Time	Code
6/25-7/20	M & W	11:30 - 12:00 pm	TT6251
6/25-7/20	T & Th	11:30 - 12:00 pm	TT6252
7/23-8/17	M & W	11:30 - 12:00 pm	TT7231
7/23-8/17	T & Th	11:30 - 12:00 pm	TT7232



Level I: Introduction to Water Skills

Helps students feel comfortable in the water. Level I participants learn to: enter and exit water safely, submerge mouth, nose and eyes, exhale underwater, pick up submerged object, change direction while walking or paddling, roll over from front to back and back to front with support, explore floating on front and back with support, explore swimming on front and back using arm and leg actions with support.

Dates	Days	Time	Code
6/25-7/13	M, T, W, Th	10:00 - 10:45 am	SLI6251
6/25-7/13	M, T, W, Th	10:45 - 11:30 am	SLI6252
7/23-8/10	M, T, W, Th	10:00 - 10:45 am	SLI7231
7/23-8/10	M, T, W, Th	10:45 - 11:30 am	SLI7232

Level II: Fundamental Aquatic Skills

Gives students success with fundamental skills. Level II participants learn to: enter water by stepping or jumping from the side, exit water safely using ladder or side, submerge entire head, blow bubbles submerging head in a rhythmic pattern (bobbing), open eyes underwater, pick up a submerged object in shallow water, float on front and back, perform front and back glide, change direction of travel paddling on front or back, roll over from front to back, back to front, tread water using arm and leg motions (chest deep water), swim on front, back and side using combined arm and leg actions, and move in the water while wearing a life jacket.

Dates	Days	Time	Code
6/25-7/13	M, T, W, Th	10:00 - 10:45 am	SLII6251
6/25-7/13	M, T, W, Th	10:45 - 11:30 am	SLII6252
7/23-8/10	M, T, W, Th	10:00 - 10:45 am	SLII7231
7/23-8/10	M, T, W, Th	10:45 - 11:30 am	SLII7232

Level III: Stroke Development

Builds on the skills in Level II through additional guided practice. Level III participants learn to: jump into deep water from the side, head first entry from kneeling or standing position, submerge and retrieve an object in chest deep water, bob with the head fully submerged, rotary breathing in horizontal position, perform front and back glide using two different kicks, float on front and back in deep water, change from horizontal to vertical position on front and back, tread water using hand and leg movements, perform front crawl and elementary backstroke, scissors kick and body motion and perform the HELP and huddle position.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/25-7/13	M, T, W, Th	10:00 - 10:45 am	SLIII6251
6/25-7/13	M, T, W, Th	10:45 - 11:30 am	SLIII6252
7/23-8/10	M, T, W, Th	10:00 - 10:45 am	SLIII7231
7/23-8/10	M, T, W, Th	10:45 - 11:30 am	SLIII7232

Level IV: Stroke Improvement

Develops confidence in the skills learned and improves other aquatic skills. Level IV participants learn to: Perform a head first entry from a standing or stride position, swim underwater, perform feet-first surface dive, perform open turns on front and back, tread water using sculling arm motions with different kicks, perform the following: front and back crawl, breaststroke, butterfly, elementary backstroke, and swim on side using scissors-like kick.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/25-7/13	M, T, W, Th	10:00 - 10:45 am	SLIV6251
6/25-7/13	M, T, W, Th	10:45 - 11:30 am	SLIV6252
7/23-8/10	M, T, W, Th	10:00 - 10:45 am	SLIV7231
7/23-8/10	M, T, W, Th	10:45 - 11:30 am	SLIV7232

Level V: Stroke Refinement

Provides further coordination and refinement of strokes. Level V participants learn to perform the following: standing dive, shallow dive, glide two body lengths and begin any front stroke, tuck surface dive, pike surface dive, front flip turn, backstroke flip turn, front and back crawl, butterfly, breaststroke, elementary backstroke, sidestroke, tread water with two different kicks, and learn survival swimming.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/25-7/13	M, T, W, Th	10:00 - 10:45 am	SLV6251
6/25-7/13	M, T, W, Th	10:45 - 11:30 am	SLV6252
7/23-8/10	M, T, W, Th	10:00 - 10:45 am	SLV7231
7/23-8/10	M, T, W, Th	10:45 - 11:30 am	SLV7232

Level VI: Swimming & Skill Proficiency

Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Level VI focuses on preparing students to participate in more advanced courses such as water safety instruction and lifeguard training among other aquatic activities.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/25-7/13	M, T, W, Th	10:00 - 10:45 am	SLVI6251
6/25-7/13	M, T, W, Th	10:45 - 11:30 am	SLVI6252
7/23-8/10	M, T, W, Th	10:00 - 10:45 am	SLVI7231
7/23-8/10	M, T, W, Th	10:45 - 11:30 am	SLVI7232



Playgrounds

Chaplin Street Tot Lot
Green Street Playground
Grove Street Playground and Skate Park
Hillside Tot Lot
Judge Morton A Brody Playground (*located at the North Street Recreation Area*)
Kelsey Street Tot Lot
Moor Street Playground
Sterling Street Tot Lot
Western Avenue Tot Lot

Park Areas

Bridge Park - *historical Lombard Tractor display located on Bridge St*
Castonguay Square - *located on Common St*
Dave's Place Park - *located on Drummond Ave*
Downie Park - *located on Messalonskee Ave*
Harris Park - *located on West St*
Head of Falls - *located on Front St*
Judge Poulin Park - *located on Collette St*
"Old 470" - *historical train display located on College Ave*
Veteran's Memorial Park - *located on Park St*

Football Fields

Drummond Football Field - *High School Field located on Western Ave*
Junior High Football Field - *located in back of the Junior High on West River Rd*
Reed Field (youth football) - *located on the Armory Rd*

Baseball Fields

Gaul Baseball Field - *located at the High School off Messalonskee Ave*
Junior High Baseball Field - *located in back of the Junior High School off West River Rd*
Peters Little League Field - *on the Armory Rd*
Purnell Little League Field - *on Mathews Ave*

Tennis Courts

North Street Tennis Courts - *4 courts located at North Street Recreation Area*
Pine Ridge Tennis Courts - *4 courts located at Pine Ridge Recreation Area off Louise Ave*

Softball Fields

Couture Softball Field - *located at the end of Water St*
Herlihy Softball Field - *located in front of the Junior High School on West River Rd*
High School Softball Field - *located off of Messalonskee Ave*
Junior High Softball Field - *located in back of the Junior High School on West River Rd*
Reed Softball Field - *located on the corner of the Armory Rd and Drummond Ave near the George Mitchell School*
Rummels Softball Field - *located at Pine Ridge Recreation Area off of Louise Ave*

Soccer Fields

Herlihy Field - *U-11 field located in front of Junior High School on West River Rd*
Junior High School Soccer Field - *located in back of Junior High School off West River Rd*
North Street Soccer Fields - *5 youth fields located at North Street Recreation Area*
Pine Ridge Soccer Fields - *located at Pine Ridge Recreation Area off Louise Ave*
Webber Soccer Field - *High School field located on West River Rd*

Outdoor Basketball Courts

Chaplin Street Basketball Court - *1/2 court*
Grove Street Basketball Court
Kelsey Street Basketball Court - *1/2 court*
North Street Basketball Court
Sterling Street Basketball Court - *1/2 court*

Boat Landings

Thayer Park Boat Landing - *carry in boat access located at North St*
Water Street Boat Landing - *located at end of Water St, picnic tables at site*

Community Gardens

North Street Recreational Area
Moor Street

North Street Picnic Shelters

The picnic shelters are located next to the Judge Morton A Brody Playground on North Street. The shelters are open to the public at no cost. We ask that users adhere to these rules: no alcoholic beverages, no wood fires (charcoal only) and no camping.

Pine Ridge Golf Course

Pine Ridge Golf Course is a 9 hole par 3 course located on the West River Road in Waterville. During the summer months, the golf course is home to golf lessons hosted by Waterville Parks & Recreation. For more information, please contact the golf course directly at 873-0474.



Dog Park

The park is located off West River Road with designated parking at Pine Ridge Golf Course and/or Pine Ridge Recreation Area. The park is open to the public, free of charge.

The facility is approximately 1 acre of fenced area with two separate pens. Tree's, boulders and benches are placed throughout. The main pen area is for dogs who are comfortable with other animals and want to run, play and socialize. The alternate (training) pen is for dogs who need a little extra time getting familiar with things.

Please call for more information or visit our website for a listing of Dog Park rules and regulations.



Facility Use Guidelines

Each summer the Parks Maintenance Staff works diligently to maintain all of our outdoor facilities, which include parks, playgrounds and athletic fields. Our crew is responsible for mowing well over 80 acres each week, along with general maintenance responsibilities. When utilizing our outdoor facilities this summer, please keep the following things in mind:

- Make sure to always properly dispose of any trash.
- Please be respectful of all equipment and memorials contained in our parks and playgrounds.
- Be respectful of others who are using the facilities along with you.
- If you see anything that is a safety hazard in one of our facilities, please report it to the Parks and Recreation Office at 680-4744.

Dogs in Parks or on Athletic Fields

All City parks, playgrounds, and athletic fields are provided and maintained for the enjoyment of our citizens. Dogs and their owners are members of the community as well and are encouraged to remember the following points:

1. Dog waste must be picked up and disposed of properly.
2. Owners are reminded/encouraged to carry a small bag when taking your pet to a park or onto an athletic field.
3. Abide by all state and local dog laws and ordinances.
4. Make sure your pet is trained for good behavior.
5. Recognize that not everyone likes dogs or is comfortable around them.
6. Play structures are not appropriate places for dogs to be.
7. Respect the rights of all park users.

For more information, please see the City of Waterville Animal Control Ordinance.

Kennebec Messalonskee Trails

Greater Waterville Area Trail Descriptions

Colby College Trails

The Colby College campus has miles of trails from the top of Mayflower Hill to the valley of Messalonskee Stream. They are wide and narrow, steep and gentle, through the woods and across open fields. For mountain bikers they connect to other trail networks. To explore them all will take time and an adventurous spirit.

Parking is available at several locations throughout the college campus.

Proceeding up the hill from the south end of the campus there are super views of the Kennebec Valley from near the water tower. On the lower ground some trails skirt the campus for easy walking/skiing/biking, while others proceed downslope to the railroad embankment. None of the trails are signed, but with the college in the center, it's difficult to get lost.

Quarry Road Recreation Area

Quarry Road is a multi-use, four-season park with great cross-country skiing and sledding in winter (with snowmaking as necessary), and mountain biking, running and walking the rest of the year. Expect beautiful views, woods and 200 acres of open space for all.

From Waterville, take North Street north past Thayer Hospital, then turn right onto Quarry Road. From I-95, take the Main Street exit south, turn left on Eustis Parkway, follow it to the end and turn right on North Street, then right again on Quarry Road. Follow the paved portion of Quarry Road to where it changes to dirt, then under the I-95 overpass. There are two parking areas, one at the welcome kiosk, the second a mile further in.

Quarry Road Recreation Area includes 12 miles of groomed cross-country ski trail loops, 2.5 miles of snowshoe trail, a sledding hill, and easy walking on the groomed Quarry Road itself.

The principal ski trails are 16 feet wide and can be used in other seasons for mountain biking or hiking. Single track bike trails and a pump track are under construction. Great views abound -- of Messalonskee Stream on one side, the steep hillside on the other, with impressive woodlands throughout.

Friends of Quarry Road organizes the Central Maine Ski Club, and puts on a variety of events, the biggest of which is the Winter Carnival, at the beginning of February.

Waterville Connector Trail

This trail connects Quarry Road, Head of Falls and Winslow along a quiet streamside trail, City streets and sidewalks, through downtown Waterville and across the Kennebec.

Start just about anywhere along the route. Signs show where to make turns along the way. This trail is completely wheelchair accessible, with easy gradients throughout.

This trail is the first to fit into KMTrails' long term goal of having the City be completely bicycle and pedestrian friendly. It gives plenty of opportunity to greet whomever you meet along the way.

Inland Woods and Pine Ridge Trails

Behind Inland Hospital are many miles of trail loops, mostly through the woods, which are great for mountain biking and four-season hiking. If you get lost, remember that the airport is to the west on top of the hill, downhill faces east, and the trailhead kiosk is to the north. Recently rehabilitated and expanded, this area is one of Central Maine's most beautiful and surprisingly untouched natural spaces.

To get there, turn off ME Routes 11/137 (Kennedy Memorial Drive) at Inland Hospital. Park at the far end of the employee parking lot. The trailhead is clearly marked with a beautiful kiosk.

The Inland Woods Trail starts in the 17-acre woods behind the Hospital and provides a link to several miles of trails in the 144 acres of Pine Ridge Recreation Area. From walking paths along meandering streams to old tote roads paralleling stone walls and twisty single-track bike trails, the area offers something for all non-motorized interests and abilities.

Merritt Nature Trail

Starting at Waterville’s Junior High School, this short trail leads around the campus on high land and dips into the gullies that separate it from the Thomas College campus to the south.

Access is through the school entrance, proceeding to the right beyond the school buildings.

The trail traverses land with highly erodible soils, thus the gullies. These are cut into silts and clays deposited in marine conditions when the Gulf of Maine flooded all of Central Maine briefly about 13,000 years ago. You will be walking through a mixed forest with pine and hemlock and patches of ferns and other native vegetation.

Thomas College Trail

For a spectacular viewing of where the Kennebec River and Messalonskee Stream merge take this short trail.

The official trailhead is a parking lot south of the college’s academic buildings and up against the soccer field. Follow the signs to the kiosk beyond the field, overlooking the Kennebec.

Walk first along the power line that forms the southern edge of the soccer field. It leads to a small kiosk where you get your first glimpse of the Kennebec. Walk into the woods, and don’t miss the steep-sided point overlooking the Messalonskee/Kennebec confluence.

Follow the marked path up, down and around gullies, across bridges, and along plank walks. These silty soils are slippery when wet. The path twists and turns and comes out by the baseball field. Follow your nose back to the start.

The Oxbow Trail

The Oxbow is a little undeveloped gem of low-lying land in a curve of Messalonskee Stream. When down in its heart, you will hardly be aware of its location close to the center of a City.

Park at the northern end of the Lutheran Church lot, and stroll down the gravel path.

Habitats vary from pine woods to viburnum thickets to tall wetland grasslands. Some parts are not accessible at high water.

Winslow Schools Trails

All three of Winslow’s Schools are located at the periphery of a large campus with playing fields and woods.

Park at any of the three schools and keep walking from there.

From the Junior High walk on the paved trail to a kiosk near the Elementary School. Then turn right past two baseball fields into a curving trail through the woods that leads to the tennis courts. From there, return to the kiosk or make a loop to the High School and Junior High. This is a great place for a regular, easy, daily jog.



Rotary Centennial Trail

On this level trail, which runs parallel to the Kennebec River, it's easy to walk four abreast and enjoy a wide variety of native trees. Constructed on an old rail bed, it ends at a former bridge abutments from which one can look up and down river for a mile each way. Taking a seat on the Rotary granite wheel is a great spot for a picnic!

There are two parking areas for the trail, both marked by a TRAIL sign on the nearest main road (Route 139 and Benton Avenue):

- 1) walking from Mill Island Park in Fairfield, cross the bridge, turn right on Crummett Street, then climb a set of granite steps to the trail.
- 2) driving along Benton Avenue, about 300 yards south of the Route 139 stop lights, a sign at Asher Farms mobile home park directs drivers to a parking area amid pine woods at the far end. From there, walk down a steep ramp to the trail. Both approaches meet at the Trailhead kiosk.

This is a nature trail. Glimpses of turkeys, deer, ducks, beaver, turtles, and an occasional heron or bald eagle are possible, plus no fewer than seventeen species of native trees. The trail is groomed in winter for easy skiing, snowshoeing, or walking in boots when the snow is packed down. In other seasons it's good for walking, running, and especially for kids learning to bike.

This trail is enjoyed by people from all around, particularly by its neighbors, who have made no fewer than eleven separate approaches down to the trail from their homes out of sight on top of the hill.

Mill Island Park

Mill Island Park was once a bustling industrial island with factories and homes. Now it's a beautiful park, with play and picnic spaces, benches, trails, views of the Kennebec, and plenty of historical and cultural interest.

From the center of Fairfield, turn onto the Route 139 bridge across the Kennebec River, and take the first left onto the island. Coming from Benton, take the last turn to the right off the bridge. Drive to the end, under the railroad trestle to the parking area at the short road's end.

Within view of the parking area is a kiosk, swings, a picnic spot and benches overlooking the Kennebec. Follow the trail to the northern end of the island and take note of the historical signage and the basements of some of the factories that gave the island its name. Enjoy the many views of the Kennebec River rapids; there were many more between here and Waterville when Benedict Arnold and his men made their way north in 1776.

Kennebec Valley Community College (KVCC) Campus Trail

For a relaxing break from academic pursuits this trail is ideal.

Park near the library. Begin walking in front of the library, go down and around the field, across a small gully, and continue along the top of the campus within earshot of the traffic on I-95. Then return to the library close to the poles used to train future electric and telephone line workers.

Fairfield Woods Trails

This set of trails provides gravel roads, rooty routes through wetlands, and power line pathways, ideal for the adventurous mountain biker.

Access can be from the Lawrence High School playing fields, from Drummond Avenue, or from the far end of the Elks Lodge parking lot at the end of Industrial Drive.



Messalonskee Stream Trail

A delightful walk through hemlock and pine woods with stunning views of Messalonskee Stream and its artificial, though very beautiful lake on this 2.5 mile trail from downtown Oakland to Rice Rips Road.

Parking areas are available at two trailheads at the south and north ends:

1. Coming from Waterville follow Kennedy Memorial Drive to just before the Messalonskee stream bridge and take a quick right at the sign into a small fenced in area. Coming from Oakland, cross the stream and turn left.

Walk through a gap in a chain link fence. Proceed into the woods and 300 yards further cross the power line easement (under which is an ATV and mountain bike trail). The path is clearly marked. It is mostly single track, crosses several footbridges and passes through beautiful hemlock woods to where Messalonskee Stream broadens into a lake. Keep going down, around a peninsula, then up to the power line and along it until you reach the dam access road.

2. At the trail's north end, access is off Rice Rips Road, at the bridge. Coming from Waterville, past the Colby College Campus follow downhill until, just before the stream, turn right into a small parking area. Coming from Oakland on Route 23 turn onto Rice Rips Road, cross the stream and turn left into parking.

Walk across the road and follow the big black penstock pipe. Proceed towards the steel steps which take you to the top of the dam. Then follow a wide path (also an ATV trail) to where it joins the walking trail through the woods.

Messalonskee Eagle Trail

The trail is short trail and leads down through a wooded wetland hollow that lies below and between the several buildings of the Messalonskee School and Middle School campus.

Park at the far end of the High School parking lot at a large sign, or at a similar sign north of the Middle School.

It won't take long to traverse the entire route through the woods, so make the trip worthwhile by walking all round the playing fields for a longer loop.

T-Mobile Campus Trail

T-Mobile made this trail for its employees. The idea was to develop teamship among each group of a dozen or so employees. They were encouraged to take a picnic and chat for a while.

Start at the far end of the parking lot closest to I-95, then turn left and follow the bark mulch trail where it leads through the woods, all around the parking lot and building and back to where you started.

Winslow Connector Trail

Connect from the Winslow Schools Trail, cross Benton Avenue, and follow the paved trail around Scott Park to the 2-Cent Bridge. Despite the fact that this is a very steep hill overlooking the Kennebec River, the trail complies the grade for Americans with Disabilities Act, so it's fine for wheelchairs. Sit and rest if you wish for a grand view of Ticonic Falls.

Head of Falls and the 2-Cent Bridge

Head of Falls is a grand place for celebrations, or for starting to explore east or west, north or south to explore. Rest at the plaza and contemplate the changes that this place has seen in 300 years, from Indian encampments, to Benedict Arnold's trip north, to a close-knit Lebanese neighborhood, to mills on both sides of the river, to the present, with a 100-year old footbridge and choice land awaiting a creative developer. How would you want to see it developed?

Fort Halifax Park

This spot is where our community began. Fort Halifax was the founding location for Winslow, from which Waterville split in 1802. The park offers a pleasant walk to the point, and upstream through a silver maple grove to the ledges leading to Ticonic Falls. It's another great place for a picnic.

Youth Teams

- a) No fee for resident youth teams (Waterville programs)
- b) Non-resident youth teams: \$25.00 per day

Waterville School Department

- a) No fee for school sponsored activities

League Team (Organized) – Couture and Reed Fields Only – One night per week only.

- a) Resident team reserving field for season - \$75.00 per team
- b) Non-resident team reserving field for season - \$100.00 per team
- c) One time use - \$20.00 per team for maximum of 3 hour period (no lights).

Recreational Use (Non-League Teams)

- a) Occasional use by resident group – No Fee
- b) Occasional use by non-resident group - \$15.00 per 3 hours (No Lights).
- c) Occasional use by non-resident group with lights – \$30.00 per 3 hours (With Lights).

Weekend Tournaments

- a) The following fees per weekend apply:

	<i>Resident</i>	<i>Non-Resident</i>
<i>Rummels Field</i>	\$75.00 \$100.00 (with lights)	\$100.00 \$125.00 (with lights)
<i>Couture Field</i>	\$25.00	\$75.00
<i>Pine Ridge Soccer Field</i>	\$25.00	\$75.00
<i>Reed Field</i>	\$25.00	\$75.00
<i>Herlihy Field</i>	\$25.00	\$75.00
<i>North Street Soccer Fields</i>	\$25.00	\$75.00
<i>Peters Field</i>	\$25.00	\$75.00

Priorities For Use:

- 1) Parks & Recreation and School programs
- 2) Local leagues
- 3) Local organized teams & non-profit local groups
- 4) Non-residents

Resident vs Non-Resident Team

A residential team is one that has the majority of players on the team that lives in the City of Waterville. A copy of a team roster is required prior to reserving any field.

Updated 3/17/10

Discount Passes

Funtown/Splashtown

Once again this year, Waterville Parks & Recreation will be participating in the Maine Recreation and Parks Association sale of discount passes to Funtown/Splashtown. The combo pass is good for one day and provides access for both Funtown and Splashtown and all rides. The passes are for those 48 inches and taller and cost \$27.00 each. This is a savings of \$9.00 per pass when compared to daily rates at the park gate (\$36.00 for the big combo pass). Passes will go on sale after June 1, 2012 and will be on sale through August 31, 2012.

Please note that passes are not valid until after June 16th when Splashtown opens.

Daily Rates for Funtown/Splashtown

COMBINATION (Rides and Water Park) PASS

Provides two rides on the Grand Prix Racers and unlimited use of all other rides, slides and pools.

Big Combo (48" tall and taller) \$36.00

Little Combo (38" tall to under 48" tall) \$27.00

Senior Combo (Seniors 60+; any height) \$27.00

After 3pm: Big Combo \$27.00, Little/Senior Combo \$19.00

Enrichment Program 2012 at the Alford Youth Center

The Summer Enrichment Program will be run from June 25th through August 17th. Children ages 6 through 12 years are welcome to join our program. The cost for a week session is \$100 and \$25 for a daily rate. Scholarships are available for the program. We are open from 7:00 am until 5:30 pm Monday through Friday. The children will be served breakfast, lunch, and a snack through the day. The day entails exciting activities both indoor and out and the children are invited to swim every afternoon. We will also be going on a field trip this summer but the location has yet to be decided, more details will be provided once the decision has been made.

For more information, please contact the Alford Youth Center directly at 873-0684.

Pickleball

Come out and learn to play this fun, enjoyable game. It's a cross between tennis and ping-pong with a little bit of badminton thrown in. All ages welcome.

Tuesday Evenings: June 5th to 26th; Pine Ridge Tennis Courts: 5:30 to 7:00 PM

Beginners and intermediates: Equipment provided. Come out and learn this fun game. No fees.

Saturday Mornings: Pine Ridge Tennis Courts - Starting June 9th

Beginners and intermediates; 9:00 am to 10:30 am. All levels invited to play and learn. Equipment provided. No fees.



Youth Organizations

In addition to programs offered through the Parks and Recreation Department, some youth sport programs are offered through independent organizations. Please find a listing of contact people below:

Little League (Waterville Cal Ripken Baseball) - Spring

Ages, 4-12

Web Site: <http://www.leaguelineup.com>

Babe Ruth Baseball - Spring

Ages, 13-15

Web Site: www.leaguelineup.com/centralmainebaberuth

Youth Soccer Association - Spring/Fall

Ages, 6-12

Web Site: www.wysa.info/

Youth Football - Fall

Grades, K-6

Contact - Alford Youth Center, 873-0684

Web Site: www.aplaceforkidstogo.org

Central Maine Youth Hockey Association - Fall/Winter

Ages, 3-16

Web Site: <http://www.cmyha.org/>



2012 Waterville Jr. Team Tennis 10 & Under Summer League

Registration/Information Day, Saturday June 9 10-11 AM
North Street Courts --- Rain or Shine

Age Division

10 & Under (Ages 6-10)

Team & Play Format

- Teams are co-ed with a minimum of four players
- Practice and play on smaller courts using modified balls
- Season July 9 - August 18, 2012 - (Registration Deadline July 6th)
- Practices once per week, time arranged by team coach between 5-7 PM Monday -Thursday
- Matches will be held on Saturday Mornings at the North Street Courts

Registration Information: (USTA Membership Required)

- \$12 (Includes a Team T-Shirt)
- First time USTA Members age 10 & Under can join for free at www.tryusta.com/juniorfree using code 10UNRFREE. This is a \$20 value.
- Once a USTA member, register for the league at <http://tennislink.usta.com/teamtennis> use team number 4510184635.

League Coordinator: Sandor Nagy nagytimberframes@hotmail.com or 207-437-2896.

Bring your own 19" - 25" racket, or there will be rackets available to borrow. You can also purchase a racket through the league coordinator for \$10.

What is 10 and Under Tennis? 10 and Under Tennis follows the same logic as other youth sports like baseball or soccer, which use kid-sized courts and kid-sized equipment. Now with 10 and Under Tennis, balls bounce lower, don't move as fast through the air and are easier to hit. By using this format, the benefits are immediate and within a short time kids are rallying, playing, and excited to keep playing. They're playing real tennis and having real fun—and that's what is most important.

THE RULES HAVE CHANGED!
It's A Whole New Ball Game for Kids Tennis

Kids 8 and Under				Kids 10 and Under			
Court Size	Receptor	Ball	Net Height	Court Size	Receptor	Ball	Net Height
20 x 30'	4 ft x 22"	A modified level low compression ball bounces slowly, so more time and track to set strokes.	2' 6"	30 x 40'	4 ft x 22"	A modified low compression ball bounces at the knee, so it's easier to hit and has a slower reaction to the player's stroke.	2'

LEARN MORE AT 10ANDUNDERTENNIS.COM

Official Site of USTA Jr. Team Tennis and Tournaments



Waterville Parks & Recreation
 6 Wentworth Ct
 Waterville, ME 04901

For more information, please call 207-680-4744 Fax 207-877-7532

Please Print Clearly

Please make checks payable to City of Waterville

Adult Last Name		First	Would you like to receive Waterville Parks & Recreation news and updates via our email list serve? <input type="checkbox"/> Yes <input type="checkbox"/> No
Street		City/State/Zip	
Email Address (Optional)			
Daytime Phone	Alternate Phone		

Participant Name	DOB	M/F	Shirt Size	Program Code	Fee
					\$
					\$
					\$
					\$
					\$

When registering participants under the age of 18, please make sure to fill out an emergency contact information card.

PAYMENT DETAILS	
(Payment is due in full at time of registration)	
Program Fees Due:	\$
Total Fees Paid:	\$
Total Fees Due:	\$
	Cash
	Check #

WAIVER OF LIABILITY - Participation in recreation sports/activities may involve the risk of injury. As a parent, guardian or participant, I am aware of these hazards and my ability to participate. In consideration for participation in the program(s) listed above, I hereby for myself, my heirs, executors and administrators waive and release all rights and claims against the City of Waterville, its officers, employees, agents, volunteers, and supervisors, from all losses, injury, damages, fees and other expenses, arising out of or in connection with participation in the activity.

In addition, I give my permission for my child(ren) to be treated by qualified medical personnel in the event that the above named parent/guardian cannot be reached at the phone numbers provided.

I understand the cancellation/refund policy of the Waterville Parks and Recreation Department including the policy regarding trips. The department encourages registrants to carefully consider their schedule prior to registration. No fee will be refunded after the program begins. This policy is strictly enforced. If a program is canceled by the department, you will be notified and fully refunded.

PHOTO/VIDEO RELEASE - I give permission to have photos and/or video recordings taken of me and/or my child(ren) for publicity purposes during Waterville Parks & Recreation activities even though we will not receive compensation of any kind for appearing in such photos or video recordings. I further understand that these photos and/or videos may appear in brochures, on the Waterville Parks & Recreation website and/or on the Waterville Parks & Recreation Facebook page.

SIGNATURE (of participant or parent/guardian of child participant):

DATE

EMERGENCY INFO CARD

Child's Last Name	Child's First Name	Birth date & Age
Child's Primary Address		
Mother's/Guardian's Name	Home Phone	Alt Phone
Father's/Guardian's Name	Home Phone	Alt Phone
Emergency Contact	Contact Phone 1	Contact Phone 2
Health Concerns, Allergies, Behavioral Concerns, etc.		

EMERGENCY INFO CARD

Child's Last Name	Child's First Name	Birth date & Age
Child's Primary Address		
Mother's/Guardian's Name	Home Phone	Alt Phone
Father's/Guardian's Name	Home Phone	Alt Phone
Emergency Contact	Contact Phone 1	Contact Phone 2
Health Concerns, Allergies, Behavioral Concerns, etc.		

Waterville Parks and Recreation
6 Wentworth Ct
Waterville, ME 04901
(207) 680-4744
www.waterville-me.gov/departments/parks