

**Pledge your support today to help bring the benefits of outdoor recreation back to our community!**

With your support, the Friends of Quarry Road can bring the area to its full potential by adding snowmaking capability, building a community center, and installing lights along portions of the trail. These and other improvements will put Waterville securely back on the map for outdoor recreation.

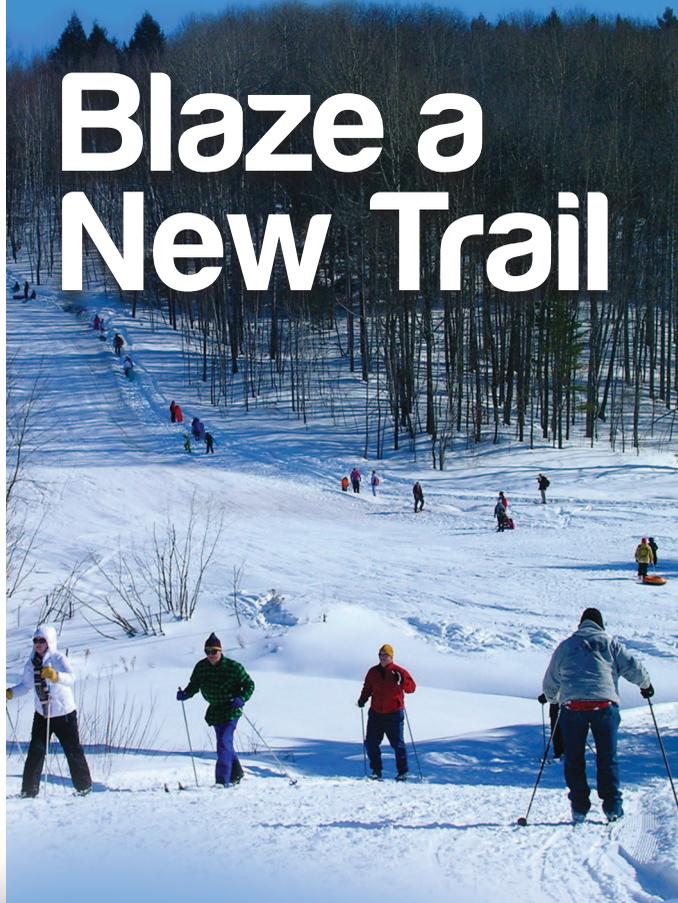
*Please send your tax-deductible donation today to:*

**Friends of quarry road**  
 PO Box 362  
 Fairfield, ME 04937

*Friends of Quarry Road is a nonprofit, 501(c)(3) organization established to support the development, oversight, and maintenance of the Quarry Road Recreation Area.*



# Blaze a New Trail



Before us lies a rare and exciting opportunity – to renew good health, community spirit, and economic development in Central Maine.



## A Big Dream, Within Reach

In 2007, a small group of volunteers gathered to revive outdoor recreation at Quarry Road, just minutes from the heart of Waterville. Thanks to their efforts and those of the City of Waterville, a year-round recreation area soon opened near the site of the old Colby ski slope along Messalonskee Stream.



Owned by the City of Waterville, the Quarry Road Recreation Area is now a year-round hub of activity – and a catalyst for enjoying the outdoors once again. The trails and open spaces offer outstanding opportunities for a variety of activities including walking/running, biking, cross-country skiing, snowshoeing, and more. The goal is to develop the area into a year-round recreation destination for people of all ages, abilities and walks of life.

To date, 200 acres of land have been purchased and 10k (6 miles) of world-class trails have been designed and constructed. One of the world's leading Nordic trail designers, John Morton,

created a trail network of exceptional natural beauty and variety, including a world-class cross-country competition loop.

Memorable events have been held from cross-country ski competitions to winter carnivals, mountain bike festivals and biathlon races, and there have been many busy days on the sledding hill. Additionally, dog walkers enjoy the trails at Quarry Road throughout the year.

With your support, Quarry Road will continue to grow and provide a variety of healthy outdoor activities for all to enjoy. Sparking a renewal of good health, community spirit, and economic development throughout Central Maine is a big dream, and it's within reach.

### Future Enhancements

- Additional 3k to 5k of new trails
- Snowmaking capability
- Trail lighting system
- Multi-purpose community building
- Single/double-track mountain bike trails
- Boating access to Messalonskee Stream
- Mountain bike park/pump track
- Regional events

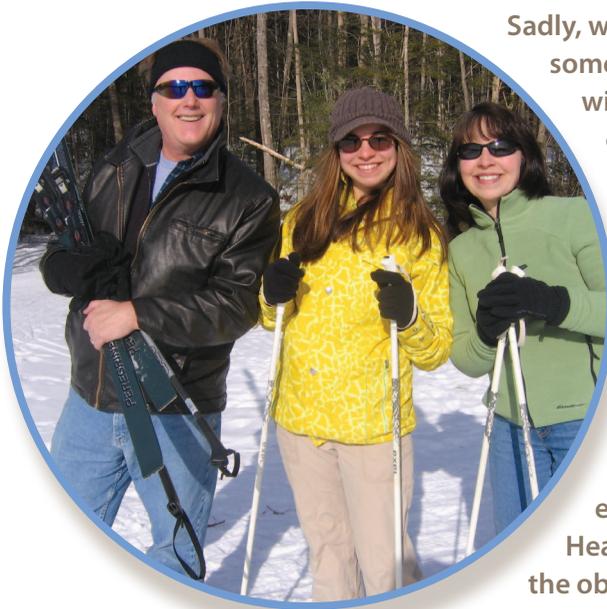


# Enjoying the Great Outdoors, a Healthy Choice

To this day, many people in Central Maine embrace life by getting outdoors at every opportunity. We like to breathe the crisp air and take in the stark beauty of a fresh snowfall, a meandering stream, and the mountains and hills of our beautiful state. We marvel at the miracles of nature all year long and revel in its healing powers.

Sadly, with the onset of advanced technology and a more sedentary lifestyle, some Mainers are losing their connection with the great outdoors, and with their health. More Mainers than ever—including children—are overweight, obese, and suffering from obesity-related chronic disease and health problems. An active lifestyle is proven to improve our physical health and enhance our mental well-being, but enjoying the outdoors is at risk of becoming the pleasure of just a few.

The Quarry Road Recreation Area is designed to encourage an active lifestyle and connect us with friends, family, and our natural surroundings. Local clubs teach children and adults cross-country skiing and bicycling skills at the area, establishing life-long habits of being active throughout the year. Healthcare organizations support Quarry Road as a resource to curb the obesity epidemic and help reduce chronic disease.



## Getting There

Directions from I-95  
North or South: Take Exit 130 (Waterville-Main St.). Turn south onto Main St. toward the shopping areas and travel .7 miles. Turn right onto Eustis Parkway (church is on your right). Go .6 miles on Eustis then turn right onto North St. (hospital is on your right) Travel .1 mile and take a right onto Quarry Road. Travel .5 miles to the first parking lot or continue less than a mile to the second parking lot.

## Building Community Spirit

Quarry Road Recreation Area strengthens community bonds and reinvigorates a longstanding tradition of outdoor recreation and winter sports in Central Maine. The area provides a venue for popular community events such as the Winter Carnival, Paintball Biathlon, Central Maine Mountain Bike Festival, and competitive biathlon and Nordic skiing events.

Quarry Road's world-class trail system provides a venue capable of hosting regional and national competitions, summer or winter, attracting participants and spectators from across New England and beyond.

## Boosting the Local Economy

The Quarry Road Recreation Area increases Waterville's popularity as an "active community" and helps promote the city as a desirable place to live, work and play. Becoming a destination facility will create an economic boost for local restaurants, motels, and retail businesses.

TO LEARN MORE, VISIT [QUARRYROADRECAREA.ORG](http://quarryroadrecarea.org) OR CALL 207-680-4744.

