

Waterville Parks & Recreation



Summer 2016



6 Wentworth Ct, Waterville, Maine 04901
Phone: (207) 680-4744 Fax: (207) 877-7532
www.waterville-me.gov/parks/

The City is proud to have adopted a Tobacco Free Ordinance.

Smoking is prohibited within **20 feet** of City of Waterville Parks & Recreation Areas including public pool and watercraft accesses, playgrounds, parks, its athletic fields and athletic facilities (except in specifically designated areas) owned or maintained by the City of Waterville. For example, smoking is not allowed on or within 20 feet of the North Street Recreation Area, its parking lots, sporting areas, spectator areas or community gardens.

Waterville Parks and Recreation Department

Waterville Parks and Recreation
6 Wentworth Court
Waterville, Maine 04901
Phone: (207) 680-4744
Fax: (207) 877-7532
Office Hours: Monday - Friday, 7:00 am - 4:00 pm
Website: www.waterville-me.gov/parks/

Parks and Recreation Staff

Matt Skehan - Director
Bobbie-Jo Green - Recreation Coordinator
Sam Green - Parks Foreman
Steve Buzzell - Grounds Mechanic
April Ames - Executive Assistant

Community Programing Note

Summer Lunch Program June 20th - August 19th

We will once again be participating in the summer lunch program offered through ***Waterville Public Schools***. This federally funded program provides the opportunity to continue with a child's physical and social development while providing nutritious meals. All children 18 years of age and under are eligible to receive a free meal, which will be provided at the North Street Picnic Shelters weekdays at approximately 11:30 am. This is a first come/first served program.

Please note, this program is run by the Waterville School Department, not Waterville Parks & Recreation. The time listed above is approximate and may be subject to change depending on actual delivery times and routes.

AOS 92 SUMMER MEALS PROGRAM FOR KIDS!

FREE MEALS FOR KIDS 18 YRS AND YOUNGER!

JUNE 20TH TO AUGUST 19TH

MONDAY THRU FRIDAY

NO MEALS ON THE WEEKENDS OR JULY 4TH!



MEALS AVAILABLE AT THE FOLLOWING SITES AND TIMES:

SITE	BREAKFAST		LUNCH	
	START	STOP	START	STOP
WINSLOW ELEMENTARY SCHOOL	8:00	8:30	11:00	12:15
VASSALBORO COMMUNITY SCHOOL			11:00	11:25
BELLEVUE STREET PARK			11:30	11:50
HALIFAX STREET PLAYGROUND			11:50	12:10
CLINTON AVENUE PLAYGROUND			12:15	12:35
GEORGE J. MITCHELL SCHOOL	8:00	8:30	11:00	12:00
WTVL JR. HIGH	8:00	8:30	11:15	11:35
WTVL SR. HIGH	8:00	8:30	11:00	11:30
ARMORY ROAD HOUSING			10:50	11:10
NORTH STREET PLAYGROUND			11:30	11:50
WATERVILLE PUBLIC LIBRARY			11:00	11:30
SOUTH END TEEN CENTER			11:30	12:00
VILLAGE GREEN			11:15	11:35
FRONT ST. (AM. LEGION PARKING AREA)			11:50	12:10
WESTERN AVENUE PLAY AREA			12:10	12:30
CHAPLIN STREET PLAYGROUND			11:10	11:30

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”

Registration for summer programs starts on Wednesday, June 1, 2016.

Mission Statement

To enhance the quality of life and meet the leisure needs of the community. Provide a variety of quality programs for all ages and interests at safe, well maintained, properly supervised facilities.

Program Satisfaction

Satisfaction is the goal of the Waterville Parks and Recreation Department. We are committed to offering the best programs and services we can. If at any time you are not happy with our services, please call and discuss the matter with one of our staff members.

Recreation Scholarships

Part of our commitment to the community is to offer quality programs at an affordable level for all residents. Scholarships are available to Waterville families who are unable to meet fees. Scholarships are not available for all programs. Proof of residency is required.

Residency

You are a resident if you own or rent property within the City of Waterville. Scholarships are available to Waterville residents only.

Cancellations

The Waterville Parks and Recreation Department reserves the right to cancel a program due to insufficient registrations or any other case that prevents the presentation of an activity in a safe, acceptable manner.

Individuals with Disabilities

All programs are available to people with disabilities and arrangements will be made when necessary to allow participation.

Facebook

Waterville Parks and Recreation, the Alford Municipal Pool Complex and the Waterville Dog Park can now be found on Facebook. We're using Facebook to interact with members of the community. We would love to hear your thoughts about current programs, future programs you would like to see and area recreation facilities. These pages will also be utilized to update individuals about program information (cancellations, etc.). Please check out our pages and let us know what you think.

How to Register

Complete the registration form and mail along with total fees due to: Waterville Parks and Recreation, 6 Wentworth Court, Waterville, Maine 04901. Full payment is expected prior to the start of a program. We do not send or call with confirmations for mailed registrations. We will only notify you if the program you are registering for has been filled, canceled or changed.

You may also come to our office located at 6 Wentworth Court in Waterville during normal business hours, Monday - Friday, 7:00 am - 4:00 pm.

Program fees **WILL NOT** be pro-rated for participants missing time because of late registration, illness, family vacations or visitation schedules.

Registrations and payments can only be processed at the Waterville Parks and Recreation Office. Please do not try to register and/or pay for a program at the program site. You will be directed by staff members to take the registration form and/or payment to the Parks and Recreation Office.

We are sorry, but the Department cannot accept telephone registrations or reservations. All parents/guardians must sign a release waiver located on our registration form to sign up for a program. Friends or other family members may **NOT** register another person without a registration form signed by a child's parent/guardian or by the other adult wishing to participate.

Payment Method

The City of Waterville currently accepts payment in cash, check (made payable to "City of Waterville") or credit card. Please note that a service fee will be added to credit card and debit card transactions. The service charge will be a minimum of \$1.00 or a maximum of 2.5% (ie. \$40.00 or less is a \$1.00 fee, \$41.00 or higher is 2.5%, (\$41.00 + \$1.03 charge = total billed \$42.03).

Participant Age/Grade

All participants are required to be of the age/grade requested in the brochure to be eligible to participate. No exceptions can be made. Participants **MUST** be of the age listed by June 1, 2016.

Refunds

Waterville Parks and Recreation will grant refunds by check (please allow at least three weeks for processing) for programs and activities **PRIOR** to the program's first class. Once a program has started, **NO FEES** will be refunded. The Department encourages registrants to carefully consider their schedule prior to registration.

Registration Forms

A program registration form is located in this brochure. Please feel free to make as many copies of the registration form as you need. You may also pick up additional copies at the Waterville Parks and Recreation Office. Registrations will not be processed until a completed registration form and payment is submitted to the office.



Special Summer Events

Character Picnic

Friday, July 22nd at 10:30 am
North Street Recreation Area

Preschoolers bring your favorite stuffed animal to meet a special surprise guest at a lunch time filled with coloring, storytelling and of course a delicious peanut butter and jelly sandwich provided by the Parks and Recreation staff.

Who will our surprise guest be this summer?



Did you know?

Waterville boasts approximately 28 miles of trails for walking and bicycling? More information on area trails can be found in our brochure.

6th Annual Mother/Son Pool Party

Saturday, July 9th
from 5:00 - 7:00 pm
Alfond Municipal Pool Complex

Waterville Parks and Recreation is proud to announce our 6th annual Mother Son Pool Party to be held on Saturday, July 9th at the Alfond Municipal Pool Complex located on North Street for grades kindergarten through 5th. This event is for mothers (or favorite female guardians) and sons only.

The evening will feature swimming, light refreshments, and activities. Please note, photos will **not** be available for this event. Please feel free to bring a camera to capture your own special moments.

Invitations will be sent out to Waterville Schools in June. Tickets will go on sale June 1st and can be purchased at the Waterville Parks & Recreation Office or at the Alfond Municipal Pool Complex (after the pool opens for the season). The fees for tickets are: \$15.00 per resident couple, \$20.00 per non-resident couple and \$5.00 for each additional son or guardian (*must be 16 years of age or older*).

In the event of inclement weather, the pool party will be held on Sunday, July 10th.



Maine Recreation & Parks Association Discount Passes

Funtown/Splashtown Combo Pass

Once again this year, Waterville Parks & Recreation will be participating in the Maine Recreation and Parks Association sale of discount passes to Funtown/Splashtown. The combo pass is good for one day and provides access for both Funtown and Splashtown and all rides. The passes are for those 48 inches and taller and cost \$28.00 each. This is a savings of \$9.00 per pass when compared to daily rates at the park gate (\$37.00 for the big combo pass). Passes will go on sale after June 1, 2016 and will be on sale through August 26, 2016.

Please note that passes are not valid until after Saturday, June 11th when Splashtown opens.

Daily Rates for Funtown/Splashtown

COMBINATION (Rides and Water Park) PASS

Provides two rides on the Grand Prix Racers and unlimited use of all other rides, slides and pools.

Big Combo (48" tall and taller) \$36.00

Little Combo (38" tall to under 48" tall) \$28.00

Senior Combo (Seniors 60+; any height) \$28.00

Under 38" Tall - Free

After 3pm: Big Combo \$27.00, Little/Senior Combo \$19.00



Alfond Municipal Pool Information

Water Slides

In order to use the water slides, participants **must** be at least 48” or taller and be able to swim.

Pool Fees

Open Swim

(Daily Admission)

Saturday, June 18th marks the opening of this extremely popular outdoor water park located on North Street. Attendance continues to rise as people of all ages take advantage of the facility. The pool complex features:

- 6 Lane, 25 Meter Pool
- Family Swim Area
- Zero-Entry Area with “Raindrop”
- 18” Deep Kiddy Pool with Frog Slide
- 12” Deep Kiddy Pool with “Little Squirts”
- Spray Pool with 16 Water Jets
- Slide Pool Featuring Twister and Tube Slide
(Users must be 48” or taller and be able to swim to use slides)
- Snack Bar

Children (17 & Under)

Residents \$3.00

Non Residents \$5.00

Adults (18 & Over)

Residents \$4.00

Non Residents \$8.00

Seniors (65 & Over)

Residents *Free*

Non Residents \$5.00

Season & Hours of Operation

Saturday, June 18th - Sunday, August 21st

Please note times & fees

Swim Lessons	10:00 am - 12:00 pm
Adult Lap Swim	11:30 am - 12:30 pm
Open Swim	12:30 pm - 7:00 pm
	<i>Monday - Friday</i>
	11:00 am - 6:00 pm
	<i>Saturday & Sunday</i>

Participants must be 18 years or older to purchase season passes and must show proof of residency.

Individual Season Passes

Residents

Children \$15.00

Adults \$25.00

Seniors *Free*

Non Residents

Children \$40.00

Adults \$50.00

Seniors \$40.00

Open to All Ages

Children under **10** years of age **must** be accompanied by an adult or chaperone 16 years of age or older.

Family Season Passes

Residents

Up to 4 individuals in same household \$40.00

Each additional individual \$10.00

Non Residents

Up to 4 individuals in same household \$100.00

Each additional individual \$20.00

Residency

You are a resident if you own or rent property within the City of Waterville.

Alfond Municipal Pool Complex Rules

General Pool Rules

- ☀ No running anywhere in the facility
- ☀ Children under the age of 10 must be accompanied by an adult (16 years or older)
- ☀ Coast Guard approved flotation devices are allowed in the kiddie pools only, unless necessary for a disability.
 - ☀ *Bathing suits with built in flotation devices and arm floaties are prohibited*
- ☀ No toys in the pools
- ☀ Swimsuits only – no cutoffs
- ☀ No glass containers allowed in the pool facility
- ☀ Do not hold onto or swim under the lane lines
- ☀ Only swim diapers are allowed in the pools
- ☀ No splashing or horseplay – keep your hands to yourself at all times
- ☀ Listen to lifeguards at all times
- ☀ No spitting anywhere inside the pool facility

Deep End Rules

- ☀ Must be 6 years or older to take the deep end test
- ☀ Deep end test may be taken once per day
- ☀ Anyone under the age of 18 must take the deep end test
- ☀ No spinning
- ☀ No flipping
- ☀ No belly flops
- ☀ No landing on your back
- ☀ No diving

Slide Rules

- ☀ Must be 48” tall and able to swim to be allowed on the slides
 - ☀ *Children ages 6 and older who are under 48” tall may use the slides if they can pass the deep end test. Please see manager for more information.*
- ☀ Feet first
- ☀ Must face forward at all times
- ☀ No spinning
- ☀ No rolling over
- ☀ Stay on your back or sitting up
- ☀ One person at a time
- ☀ Do not go down the slide until the lifeguard tells you it is time to go
- ☀ All goggles are prohibited on the slides

Swim Lesson Information

Our swim lesson participants receive Red Cross Certification for the various levels passed.

Inclement Weather Policy: During inclement weather, whenever possible, swim lessons will be moved to the Alford Youth Center indoor pool.

Fees

Tiny Tots - *Twice a Week*

Residents - \$30.00

Non Residents - \$40.00

Swim Lessons (All Levels) - *Four Days Per Week*

Residents - \$50.00

Non Residents - \$60.00

Scholarship Eligible - Yes

Tiny Tots (Ages 3-5)

This program builds swimming readiness by emphasizing fun in the water. Participants in the class will learn elementary skills, including water entry, bubble blowing, front kicking, back floating, underwater exploration and more. Once children can perform basic skills without adult assistance, they may begin Level I: Introduction to Water Skills. Parents are welcome to get in the water with their children.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/20-7/15	M & W	11:30 - 12:00 pm	TT6201
6/20-7/15	T & Th	11:30 - 12:00 pm	TT6222
7/18-8/12	M & W	11:30 - 12:00 pm	TT7181
7/18-8/12	T & Th	11:30 - 12:00 pm	TT7182

Level I: Introduction to Water Skills

Helps students feel comfortable in the water. Level I participants learn to: enter and exit water safely, submerge mouth, nose and eyes, exhale underwater, pick up submerged object, change direction while walking or paddling, roll over from front to back and back to front with support, explore floating on front and back with support, explore swimming on front and back using arm and leg actions with support.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/20-7/18	M, T, W, Th	10:00 - 10:45 am	SLI6201
6/20-7/18	M, T, W, Th	10:45 - 11:30 am	SLI6202
7/18-8/5	M, T, W, Th	10:00 - 10:45 am	SLI7181
7/18-8/5	M, T, W, Th	10:45 - 11:30 am	SLI7182

Level II: Fundamental Aquatic Skills

Gives students success with fundamental skills. Level II participants learn to: enter water by stepping or jumping from the side, exit water safely using ladder or side, submerge entire head, blow bubbles submerging head in a rhythmic pattern (bobbing), open eyes underwater, pick up a submerged object in shallow water, float on front and back, perform front and back glide, change direction of travel paddling on front or back, roll over from front to back, back to front, tread water using arm and leg motions (chest deep water), swim on front, back and side using combined arm and leg actions, and move in the water while wearing a life jacket.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/20-7/8	M, T, W, Th	10:00 - 10:45 am	SLII6201
6/20-7/8	M, T, W, Th	10:45 - 11:30 am	SLII6202
7/18-8/5	M, T, W, Th	10:00 - 10:45 am	SLII7181
7/18-8/5	M, T, W, Th	10:45 - 11:30 am	SLII7182



Level III: Stroke Development

Builds on the skills in Level II through additional guided practice. Level III participants learn to: jump into deep water from the side, head first entry from kneeling or standing position, submerge and retrieve an object in chest deep water, bob with the head fully submerged, rotary breathing in horizontal position, perform front and back glide using two different kicks, float on front and back in deep water, change from horizontal to vertical position on front and back, tread water using hand and leg movements, perform front crawl and elementary backstroke, scissors kick, breaststroke kick and dolphin kick.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/20-7/8	M, T, W, Th	10:00 - 10:45 am	SLIII6201
6/20-7/8	M, T, W, Th	10:45 - 11:30 am	SLIII6202
7/18-8/5	M, T, W, Th	10:00 - 10:45 am	SLIII7181
7/18-8/5	M, T, W, Th	10:45 - 11:30 am	SLIII7182

Level IV: Stroke Improvement

Develops confidence in the skills learned and improves other aquatic skills. Level IV participants learn to: Perform a head first entry from a standing or stride position, swim underwater, perform feet-first surface dive, perform open turns on front and back, tread water using sculling arm motions with different kicks, perform the following: front and back crawl, breaststroke, butterfly, elementary backstroke, and sidestroke.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/20-7/8	M, T, W, Th	10:00 - 10:45 am	SLIV6201
6/20-7/8	M, T, W, Th	10:45 - 11:30 am	SLIV6202
7/18-8/5	M, T, W, Th	10:00 - 10:45 am	SLIV7181
7/18-8/5	M, T, W, Th	10:45 - 11:30 am	SLIV7182

Did you know?

21,900 people visited the Alford Municipal Pool Complex last year. That is an average of 377 people per day for the 58 days that the pool was open.

Level V: Stroke Refinement

Provides further coordination and refinement of strokes. Level V participants learn to perform the following: standing dive, shallow dive, glide two body lengths and begin any front stroke, tuck surface dive, pike surface dive, front flip turn, backstroke flip turn, front and back crawl, butterfly, breaststroke, elementary backstroke, sidestroke, tread water with two different kicks, and learn survival swimming.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/20-7/8	M, T, W, Th	10:00 - 10:45 am	SLV6201
6/20-7/8	M, T, W, Th	10:45 - 11:30 am	SLV6202
7/18-8/5	M, T, W, Th	10:00 - 10:45 am	SLV7181
7/18-8/5	M, T, W, Th	10:45 - 11:30 am	SLV7182

Level VI: Swimming & Skill Proficiency

Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Level VI focuses on preparing students to participate in more advanced courses such as water safety instruction and lifeguard training among other aquatic activities.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/20-7/8	M, T, W, Th	10:00 - 10:45 am	SLVI6201
6/20-7/8	M, T, W, Th	10:45 - 11:30 am	SLVI6202
7/18-8/5	M, T, W, Th	10:00 - 10:45 am	SLVI7181
7/18-8/5	M, T, W, Th	10:45 - 11:30 am	SLVI7182



Track & Field

We offer a quality track and field program for ages 6-14 that is affiliated with USA Track and Field. The program is for beginners and those with more experience. The Waterville team, coached by Wendy Serbent, will have an opportunity to compete against other Central Maine summer track teams. Track and Field participants will be exposed to a variety of events including 200m, 400m, 800m, long jump, high jump, shot put, discus, race-walking and more. Please register as early as possible. Practices are held at the Waterville High School Track. All participants will receive a track shirt.

Please note: spiked running shoes are not allowed on the track.

Who:

Youths, Ages 6-14
TF610 (Ages 6-10)
TF1114 (Ages 11-14)

Where:

Waterville High School Track

Fees (per session):

Resident - \$60.00
Non Resident - \$70.00

What to Bring:

Appropriate Running Attire
Water Bottle

Scholarship Eligible:

Yes (Scholarship does not cover entry fees for track meets)

Practice Schedule:

Ages 6-10
Mon & Wed, 9:00 - 10:00 am
Ages 11-14
Mon & Wed, 10:00 - 11:30 am

Track meets are held on Thursdays, throughout Central Maine at 10:00 am. Each participant must pay a \$2.00 entry fee at each meet. Transportation will be provided for participants only. The first track meet of the season will be on Thursday, June 23rd.

The State Qualifying Meet will be held on Thursday, August 4th and the State Championship Meet will be held on Saturday, August 13th. Please note the entry fee for the State Championship meet will be \$3.00 per participant.

Please note: Practices will start on Monday, June 20th.

Track meets are subject to date and location changes during the summer. Please note that meet fees may also change without notice during the season.



Maine USA Track & Field 14 & Under 2016 Summer Meets Group C

All meets start promptly at 10:00 am.
Please check with Coach Serbent concerning bus departure times each week.

Please note, bus transportation will not be provided for the Winslow meet on July 2nd.
Parents should check with Coach Serbent to see when athletes need to arrive in Winslow.

Thursday, June 30th - Cony High School (60 Pierce Dr, Augusta)

Thursday, July 7th - Winslow High School (20 Danielson St, Winslow)

Thursday, July 14th - Maranacook High School (2250 Millard Harrison Dr, Readfield)

Thursday, July 21st - Mt. Blue High School (129 Seamon Rd, Farmington)

Thursday, July 28th - Waterville High School Track (1 Brooklyn Ave, Waterville)

Junior Division Qualifying Meet

Thursday, August 4th - Cony High School (60 Pierce Dr, Augusta)

State Championship - Starts at 9:00 am

Saturday, August 13th - Cony High School (60 Pierce Dr, Augusta)



Golf Lessons

Looking for a fun outdoor activity for the summer? Join our instructor at the A & M Driving Range (595 Benton Rd, Winslow (next to Big G's)) this summer and develop your game. Our instructor emphasizes the fundamentals of the game for both beginners and those with more experience.

Who:

Youths, Ages 7-17

Fees (per session):

Resident - \$40.00

Non Resident - \$50.00

What to Bring:

Golf Clubs (if possible)

Please note - Limited amounts of kids golf equipment is available for use during lessons for children who do not have their own equipment.

Where:

*A & M Driving Range
(595 Benton Ave, Winslow)*

Scholarship Eligible:

Yes

Schedule:

Mon/Wed 9:00- 10:00 am

Mon/Wed 10:15 - 11:15 am

Please note each session of golf is for two (2) weeks and has four (4) one hour lessons.

Beginners - No previous golf experience. **Intermediates** - Some previous golf experience.

Session 1 - June 20- July 1

GY6201 Mon & Wed, 9:00 - 10:00 am
(Beginners Only)

GY6202 Mon & Wed, 10:15 - 11:15 am
(Intermediate Only)



Session 2 - July 4 - July 15

GY741 Mon & Wed, 9:00 - 10:00 am (Beginners Only)

GY742 Mon & Wed, 10:15 - 11:15 am (Intermediate Only)

Session 3 - July 18 - July 29

GY7181 Mon & Wed, 9:00 - 10:00 am (Beginners Only)

GY7182 Mon & Wed, 10:15 - 11:15 am (Intermediate Only)



Session 4 - August 1 - August 12

GY811 Mon & Wed, 9:00 - 10:00 am
(Beginners Only)

GY812 Mon & Wed, 10:15 - 11:15 am
(Intermediate Only)

Tennis - Play & Learn!

Join our instructor at the Jim Begin Recreational Tennis Courts on North Street for the opportunity to learn how to play tennis. Our instructor is certified in teaching the QuickStart format for youth participants. It's never too late to try this exciting sport.

Who:

Youths, Ages 7-17

Where:

*Jim Begin Recreational
Tennis Courts (North St)*

Fees (per session):

Resident - \$30.00

Non Resident - \$40.00

Scholarship Eligible:

Yes

What to Bring:

Tennis Racket (if possible)

Please note each session of tennis is for four (4) weeks and has eight (8) one hour lessons.

Beginners (B) - No previous tennis experience. **Intermediates (I)** - Some previous tennis experience.

Ages 7-12

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>	<u>Level</u>
6/20-7/15	M & W	9:00 - 10:00 am	TYB6201	B
6/20-7/15	M & W	11:00 - 12:00 pm	TYB6203	B
6/20-7/15	T & Th	9:00 - 10:00 am	TYI6202	I
7/18-8/12	M & W	9:00 - 10:00 am	TYB7181	B
7/18-8/12	M & W	11:00 - 12:00 pm	TYB7183	B
7/18-8/12	T & Th	9:00 - 10:00 am	TYI7182	I



Ages 13-17

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>	<u>Level</u>
6/20-7/15	T & Th	11:00 - 12:00 pm	TYB6202	B
6/20-7/15	M & W	10:00 - 11:00 am	TYI6201	I
6/20-7/15	T & Th	10:00 - 11:00 am	TYI6203	I
7/18-8/12	T & Th	11:00 - 12:00 pm	TYB7182	B
7/18-8/12	M & W	10:00 - 11:00 am	TYI7181	I
7/18-8/12	T & Th	10:00 - 11:00 am	TYI7183	I



Waterville Parks & Recreation

Advanced Tennis Clinic for Boys and Girls Ages 14-18

Jim Begin Recreational Tennis Courts,
North Street Recreation Area

July 12, 14, 19, 21, 26, 28, Aug 2, 4
(make up/rain dates: Aug. 9, 11)
3:30 - 5:30 pm

Waterville Parks & Recreation is pleased to host advanced tennis clinics for boys and girls ages 14-18. These clinics are intended for participants that have played tennis before and are looking to build skills. The clinics will be held on Tuesdays and Thursdays (mid- July through the first week of August). Participants can register for as many or as few clinics as they would like. Fees are \$20.00 per session or \$140.00 for all eight sessions (4 weeks). *If paying by check, please make checks payable to Jim Begin.* Participants should register at Waterville Parks & Recreation, 6 Wentworth Court, Waterville during normal business hours (7:00 am – 4:00 pm). There will be a limit of 12 participants per session.

The clinics will be taught by Jim Begin, Zack Disch and Devin LaChapelle. For more information, please contact Jim Begin at 873-5337 or via email at jimbegin@roadrunner.com.



Waterville Parks & Recreation

Advanced Tennis Clinic for Boys and Girls Ages 14-18

Registration/Permission Form

Child's Name _____

Parent/Guardian Name _____

Address _____

Phone (Home) _____ (Work/Day) _____ (Cell) _____

Health Concerns (If None, Please State) _____

Emergency Contact (Name and Phone Number) _____

Participation in recreation sports/activities may involve the risk of injury. As a parent, guardian or participant, I am aware of these hazards and my ability to participate. In consideration for participation in the program(s) listed above, I hereby for myself, my heirs, executors and administrators waive and release all rights and claims against the City of Waterville, its officers, employees, agents, volunteers and supervisors, from all losses, injury, damages, fees and other expenses, arising out of or in connection with participation in the activity.

In addition, I give my permission for my child(ren) to be treated by qualified medical personnel in the event that the above named parent/guardian cannot be reached at the phone numbers provided.

I understand the cancellation/refund policy of the Waterville Parks and Recreation Department including the policy regarding trips. The department encourages registrants to consider their schedule prior to registration. No fee will be refunded after the program begins. This policy is strictly enforced. If a program is canceled by the department, you will be notified and fully refunded.

Waterville Parks & Recreation may take pictures and/or videos at our programs, activities, or special events. Please be aware that the picture may appear in future promotional materials, including our brochures, website and Facebook.

Parent/Guardian Name (Please Print) _____

Parent/Guardian Signature _____ Date _____

Please check the dates you are registering for.

If paying by check, please make checks payable to Jim Begin.

_____ July 12, 2016	_____ July 14, 2016
_____ July 19, 2016	_____ July 21, 2016
_____ July 26, 2016	_____ July 28, 2016
_____ August 2, 2016	_____ August 4, 2016

Make up/rain dates – August 9th and August 11th.

Facilities

Playgrounds

Chaplin Street Tot Lot
Green Street Playground
Grove Street Playground and Skate Park
Hillside Tot Lot
Judge Morton A Brody Playground (*located at the North Street Recreation Area*)
Kelsey Street Tot Lot
Moor Street Playground
Western Avenue Tot Lot

Park Areas

Bridge Park - *historical Lombard Tractor display located on Bridge St*
Castonguay Square - *located on Common St*
Dave's Place Park - *located on Drummond Ave*
Downie Park - *located on Messalonskee Ave*
Harris Park - *located on West St*
Head of Falls - *located on Front St*
Judge Poulin Park - *located on Collette St*
"Old 470" - *historical train display located on College Ave*
Sterling Street - *located on Sterling St*
Veteran's Memorial Park - *located on Park St*

Football Fields

Drummond Football Field - *High School Field located on Western Ave*
Junior High Football Field - *located in back of the Junior High on West River Rd*
Reed Field (youth football) - *located on the Armory Rd*

Baseball Fields

Gaul Baseball Field - *located at the High School off Messalonskee Ave*
Junior High Baseball Field - *located in back of the Junior High School off West River Rd*
Peters Little League Field - *on the Armory Rd*
Purnell Little League Field - *on Mathews Ave*

Tennis Courts

North Street Tennis Courts - *4 courts located at North Street Recreation Area*
Pine Ridge Tennis Courts - *4 courts located at Pine Ridge Recreation Area off Louise Ave*

Softball Fields

Couture Softball Field - *located at the end of Water St*
Herlihy Softball Field - *located in front of the Junior High School on West River Rd*
High School Softball Field - *located off of Messalonskee Ave*
Junior High Softball Field - *located in back of the Junior High School on West River Rd*
Reed Softball Field - *located on the corner of the Armory Rd and Drummond Ave near the George Mitchell School*
Rummels Softball Field - *located at Pine Ridge Recreation Area off of Louise Ave*

Soccer Fields

Herlihy Field - *U-11 field located in front of Junior High School on West River Rd*
Junior High School Soccer Field - *located in back of Junior High School off West River Rd*
North Street Soccer Fields - *5 youth fields located at North Street Recreation Area*
Pine Ridge Soccer Fields - *located at Pine Ridge Recreation Area off Louise Ave*
Webber Soccer Field - *High School field located on West River Rd*

Outdoor Basketball Courts

Chaplin Street Basketball Court - *1/2 court*
Grove Street Basketball Court
Kelsey Street Basketball Court - *1/2 court*
North Street Basketball Court
Sterling Street Basketball Court - *1/2 court*

Boat Landings

Thayer Park Boat Landing - *carry in boat access located at North St*
Water Street Boat Landing - *located at end of Water St, picnic tables at site*

Community Gardens

North Street Recreational Area
Moor Street

WHY CARRY IN, CARRY OUT?

Thank you for visiting our park and for taking an active role to keep it clean and green. There are many ways that our Carry In, Carry Out policy helps improve ALL parks in Waterville.

- 🌲 Taking responsibility for our waste encourages awareness of our impact on natural resources, and can prompt environmentally-friendly behaviors such as recycling, and use of recycled or biodegradable products.
- 🌲 Redirects staff resources to other necessary park improvement projects.
- 🌲 Fosters a partnership between visitors and the parks by encouraging all visitors to help maintain clean parks.
- 🌲 Saves money used to pay for garbage disposal, which can then be spent to improve your parks in other ways.
- 🌲 Increases the safety of your visit by reducing the number of bees, wasps and other pests (such as skunks and rats) in/around picnic areas, playgrounds, ballfields and trails.
- 🌲 Avoids the unpleasant smells and messes associated with dumpsters and trash cans.
- 🌲 Eliminates unsightly trash and receptacles in the park that can detract from the beauty of the natural environment.
- 🌲 Improves health of wildlife by reducing their dependency on trash as a food source.
- 🌲 The parks belong to all of us...so just like our own homes...it is our responsibility to care for them and protect them for generations to come.

North Street Picnic Shelters

The picnic shelters are located next to the Judge Morton A Brody Playground on North Street. The shelters are open to the public at no cost. We ask that users adhere to these rules: no alcoholic beverages, no wood fires (charcoal only) and no camping.



Dog Park

The park is located off West River Road with designated parking at Pine Ridge Golf Course and/or Pine Ridge Recreation Area. The park is open to the public, free of charge.

The facility is approximately 1 acre of fenced area with two separate pens. Trees, boulders and benches are placed throughout. The main pen area is for dogs who are comfortable with other animals and want to run, play and socialize. The alternate (training) pen is for dogs who need a little extra time getting familiar with things.

Please call for more information or visit our website for a listing of Dog Park rules and regulations.

Facility Use Guidelines

Each summer the Parks Maintenance Staff works diligently to maintain all of our outdoor facilities, which include parks, playgrounds and athletic fields. Our crew is responsible for mowing well over 80 acres each week, along with general maintenance responsibilities. When utilizing our outdoor facilities this summer, please keep the following things in mind:

- Make sure to always properly dispose of any trash.
- Please be respectful of all equipment and memorials contained in our parks and playgrounds.
- Be respectful of others who are using the facilities along with you.
- If you see anything that is a safety hazard in one of our facilities, please report it to the Parks and Recreation Office at 680-4744.

Dogs in Parks or on Athletic Fields

All City parks, playgrounds, and athletic fields are provided and maintained for the enjoyment of our citizens. Dogs and their owners are members of the community as well and are encouraged to remember the following points:

1. Dog waste must be picked up and disposed of properly.
2. Owners are reminded/encouraged to carry a small bag when taking your pet to a park or onto an athletic field.
3. Abide by all state and local dog laws and ordinances.
4. Make sure your pet is trained for good behavior.
5. Recognize that not everyone likes dogs or is comfortable around them.
6. Play structures are not appropriate places for dogs to be.
7. Respect the rights of all park users.

For more information, please see the City of Waterville Animal Control Ordinance.

Pine Ridge Golf Course

Pine Ridge Golf Course is a 9 hole par 3 course located on the West River Road in Waterville (across from the Waterville Junior High School). The course also includes a practice field. During the summer of 2015 footgolf was added to the course. The facility is currently managed by PRG, Inc and is open from mid to late April through the end of October (weather permitting). During the season, staff at the golf course can be reached at 873-0474. During the off season, please contact John at 692-4488.

2016 Schedule of Fees

The membership classifications and fees are as shown below:

Item	Description	Rates
9 Holes	Greens Fees	\$13.00
18 Holes	Greens Fees	\$18.00
9 Holes with Cart	Greens Fees	\$23.00
18 Holes with Cart	Greens Fees	\$38.00
9 Hole 10 Play Pass	Play Pass Card	\$99.00
18 Hole 10 Play Pass	Play Pass Card	\$160.00
9 Hole 10 Play Pass with Cart	Play Pass Card	\$169.00
18 Hole 10 Play Pass with Cart	Play Pass Card	\$285.00
Student Membership (Through High School)	Membership	\$250.00
Senior Membership (60 and Up)	Membership	\$289.00
Single Membership (Ages 19 – 59)	Membership	\$335.00
Family Membership (2 Adults)	Membership	\$475.00
Family Extra (under 18)	Membership	\$50.00
9 Holes FootGolf	Soccer Golf	\$10.00
18 Holes FootGolf	Soccer Golf	\$15.00
Pull Cart	Extra Service	\$3.00
Rental Clubs	Extra Service	\$5.00
Soccer Ball Rental	Extra Service	\$3.00

With consent from the City Manager and Parks and Recreation Director, the company may establish fee changes at any time prior to the start of a new season.



Kennebec Messalonskee Trails

Greater Waterville Area Trail

Descriptions

Colby College Trails

The Colby College campus has miles of trails from the top of Mayflower Hill to the valley of Messalonskee Stream. They are wide and narrow, steep and gentle, through the woods and across open fields. For mountain bikers they connect to other trail networks. To explore them all will take time and an adventurous spirit.

Parking is available at several locations throughout the college campus.

Proceeding up the hill from the south end of the campus there are super views of the Kennebec Valley from near the water tower. On the lower ground some trails skirt the campus for easy walking/skiing/biking, while others proceed downslope to the railroad embankment. None of the trails are signed, but with the college in the center, it's difficult to get lost.

Quarry Road Recreation Area

Quarry Road is a multi-use, four-season park with great cross-country skiing and sledding in winter (with snowmaking as necessary), and mountain biking, running and walking the rest of the year. Expect beautiful views, woods and 200 acres of open space for all.

From Waterville, take North Street north past Maine General Center for Health (former Thayer Hospital), then turn right onto Quarry Road. From I-95, take the Main Street exit south, turn right onto Eustis Parkway, follow it to the end and turn right on North Street, then right again on Quarry Road. Follow the paved portion of Quarry Road to where it changes to dirt, then under the I-95 overpass. There are two parking areas, one at the welcome kiosk, the second a mile further in.

Quarry Road Recreation Area includes 12 miles of groomed cross-country ski trail loops, 2.5 miles of snowshoe trail, a sledding hill, and easy walking on the groomed Quarry Road itself.

The principal ski trails are 16 feet wide and can be used in other seasons for mountain biking or hiking. Single track bike trails and a pump track are under construction. Great views abound -- of Messalonskee Stream on one side, the steep hillside on the other, with impressive woodlands throughout.

Friends of Quarry Road organizes the Central Maine Ski Club, and puts on a variety of events, the biggest of which is the Winter Carnival, at the beginning of February.

Waterville Connector Trail

This trail connects Quarry Road, Head of Falls and Winslow along a quiet streamside trail, City streets and sidewalks, through downtown Waterville and across the Kennebec.

Start just about anywhere along the route. Signs show where to make turns along the way. This trail is completely wheelchair accessible, with easy gradients throughout.

This trail is the first to fit into KMTrails' long term goal of having the City be completely bicycle and pedestrian friendly. It gives plenty of opportunity to greet whomever you meet along the way.

Inland Woods and Pine Ridge Trails

Behind Inland Hospital are many miles of trail loops, mostly through the woods, which are great for mountain biking and four-season hiking. If you get lost, remember that the airport is to the west on top of the hill, downhill faces east, and the trailhead kiosk is to the north. Recently rehabilitated and expanded, this area is one of Central Maine's most beautiful and surprisingly untouched natural spaces.

To get there, turn off ME Routes 11/137 (Kennedy Memorial Drive) at Inland Hospital. Park at the far end of the employee parking lot. The trailhead is clearly marked with a beautiful kiosk.

The Inland Woods Trail starts in the 17-acre woods behind the Hospital and provides a link to several miles of trails in the 144 acres of Pine Ridge Recreation Area. From walking paths along meandering streams to old tote roads paralleling stone walls and twisty single-track bike trails, the area offers something for all non-motorized interests and abilities.

Merritt Nature Trail

Starting at Waterville's Junior High School, this short trail leads around the campus on high land and dips into the gullies that separate it from the Thomas College campus to the south.

Access is through the school entrance, proceeding to the right beyond the school buildings.

The trail traverses land with highly erodible soils, thus the gullies. These are cut into silts and clays deposited in marine conditions when the Gulf of Maine flooded all of Central Maine briefly about 13,000 years ago. You will be walking through a mixed forest with pine and hemlock and patches of ferns and other native vegetation.

Thomas College Trail

For a spectacular viewing of where the Kennebec River and Messalonskee Stream merge take this short trail.

The official trailhead is a parking lot south of the college's academic buildings and up against the soccer field. Follow the signs to the kiosk beyond the field, overlooking the Kennebec.

Walk first along the power line that forms the southern edge of the soccer field. It leads to a small kiosk where you get your first glimpse of the Kennebec. Walk into the woods, and don't miss the steep-sided point overlooking the Messalonskee/Kennebec confluence.

Follow the marked path up, down and around gullies, across bridges, and along plank walks. These silty soils are slippery when wet. The path twists and turns and comes out by the baseball field. Follow your nose back to the start.

The Oxbow Trail

The Oxbow is a little undeveloped gem of low-lying land in a curve of Messalonskee Stream. When down in its heart, you will hardly be aware of its location close to the center of a City.

Park at the northern end of the Lutheran Church lot, and stroll down the gravel path.

Habitats vary from pine woods to viburnum thickets to tall wetland grasslands. Some parts are not accessible at high water.

Winslow Schools Trails

All three of Winslow's Schools are located at the periphery of a large campus with playing fields and woods.

Park at any of the three schools and keep walking from there.

From the Junior High walk on the paved trail to a kiosk near the Elementary School. Then turn right past two baseball fields into a curving trail through the woods that leads to the tennis courts. From there, return to the kiosk or make a loop to the High School and Junior High. This is a great place for a regular, easy, daily jog.

Rotary Centennial Trail

On this level trail, which runs parallel to the Kennebec River, it's easy to walk four abreast and enjoy a wide variety of native trees. Constructed on an old rail bed, it ends at a former bridge abutments from which one can look up and down river for a mile each way. Taking a seat on the Rotary granite wheel is a great spot for a picnic!

There are two parking areas for the trail, both marked by a TRAIL sign on the nearest main road (Route 139 and Benton Avenue):

- 1) walking from Mill Island Park in Fairfield, cross the bridge, turn right on Crummett Street, then climb a set of granite steps to the trail.
- 2) driving along Benton Avenue, about 300 yards south of the Route 139 stop lights, a sign at Asher Farms mobile home park directs drivers to a parking area amid pine woods at the far end. From there, walk down a steep ramp to the trail. Both approaches meet at the Trailhead kiosk.

This is a nature trail. Glimpses of turkeys, deer, ducks, beaver, turtles, and an occasional heron or bald eagle are possible, plus no fewer than seventeen species of native trees. The trail is groomed in winter for easy skiing, snowshoeing, or walking in boots when the snow is packed down. In other seasons it's good for walking, running, and especially for kids learning to bike.

This trail is enjoyed by people from all around, particularly by its neighbors, who have made no fewer than eleven separate approaches down to the trail from their homes out of sight on top of the hill.

Mill Island Park

Mill Island Park was once a bustling industrial island with factories and homes. Now it's a beautiful park, with play and picnic spaces, benches, trails, views of the Kennebec, and plenty of historical and cultural interest.

From the center of Fairfield, turn onto the Route 139 bridge across the Kennebec River, and take the first left onto the island. Coming from Benton, take the last turn to the right off the bridge. Drive to the end, under the railroad trestle to the parking area at the short road's end.

Within view of the parking area is a kiosk, swings, a picnic spot and benches overlooking the Kennebec. Follow the trail to the northern end of the island and take note of the historical signage and the basements of some of the factories that gave the island its name. Enjoy the many views of the Kennebec River rapids; there were many more between here and Waterville when Benedict Arnold and his men made their way north in 1776.

Kennebec Valley Community College (KVCC) Campus Trail

For a relaxing break from academic pursuits this trail is ideal.

Park near the library. Begin walking in front of the library, go down and around the field, across a small gully, and continue along the top of the campus within earshot of the traffic on I-95. Then return to the library close to the poles used to train future electric and telephone line workers.

Fairfield Woods Trails

This set of trails provides gravel roads, rooty routes through wetlands, and power line pathways, ideal for the adventurous mountain biker.

Access can be from the Lawrence High School playing fields, from Drummond Avenue, or from the far end of the Elks Lodge parking lot at the end of Industrial Drive.

Messalonskee Stream Trail

A delightful walk through hemlock and pine woods with stunning views of Messalonskee Stream and its artificial, though very beautiful lake on this 2.5 mile trail from downtown Oakland to Rice Rips Road.

Parking areas are available at two trailheads at the south and north ends:

1. Coming from Waterville follow Kennedy Memorial Drive to just before the Messalonskee stream bridge and take a quick right at the sign into a small fenced in area. Coming from Oakland, cross the stream and turn left.

Walk through a gap in a chain link fence. Proceed into the woods and 300 yards further cross the power line easement (under which is an ATV and mountain bike trail). The path is clearly marked. It is mostly single track, crosses several footbridges and passes through beautiful hemlock woods to where Messalonskee Stream broadens into a lake. Keep going down, around a peninsula, then up to the power line and along it until you reach the dam access road.

2. At the trail's north end, access is off Rice Rips Road, at the bridge. Coming from Waterville, past the Colby College Campus follow downhill until, just before the stream, turn right into a small parking area. Coming from Oakland on Route 23 turn onto Rice Rips Road, cross the stream and turn left into parking.

Walk across the road and follow the big black penstock pipe. Proceed towards the steel steps which take you to the top of the dam. Then follow a wide path (also an ATV trail) to where it joins the walking trail through the woods.



Messalonskee Eagle Trail

The trail is a short trail and leads down through a wooded wetland hollow that lies below and between the several buildings of the Messalonskee School and Middle School campus.

Park at the far end of the High School parking lot at a large sign, or at a similar sign north of the Middle School.

It won't take long to traverse the entire route through the woods, so make the trip worthwhile by walking all around the playing fields for a longer loop.

T-Mobile Campus Trail

T-Mobile made this trail for its employees. The idea was to develop teamship among each group of a dozen or so employees. They were encouraged to take a picnic and chat for a while.

Start at the far end of the parking lot closest to I-95, then turn left and follow the bark mulch trail where it leads through the woods, all around the parking lot and building and back to where you started.

Winslow Connector Trail

Connect from the Winslow Schools Trail, cross Benton Avenue, and follow the paved trail around Scott Park to the 2-Cent Bridge. Despite the fact that this is a very steep hill overlooking the Kennebec River, the trail complies the grade for Americans with Disabilities Act, so it's fine for wheelchairs. Sit and rest if you wish for a grand view of Ticonic Falls.

Head of Falls and the 2-Cent Bridge

Head of Falls is a grand place for celebrations, or for starting to explore east or west, north or south. Rest at the plaza and contemplate the changes that this place has seen in 300 years, from Indian encampments, to Benedict Arnold's trip north, to a close-knit Lebanese neighborhood, to mills on both sides of the river, to the present, with a 100-year old footbridge and choice land awaiting a creative developer.

Fort Halifax Park

This spot is where our community began. Fort Halifax was the founding location for Winslow, from which Waterville split in 1802. The park offers a pleasant walk to the point, and upstream through a silver maple grove to the ledges leading to Ticonic Falls. It's another great place for a picnic.





Waterville Parks & Recreation
 6 Wentworth Ct
 Waterville, ME 04901

For more information, please call 207-680-4744 Fax 207-877-7532

Please Print Clearly

Please make checks payable to City of Waterville

Adult Last Name		First	
Street		City/State/Zip	
Email Address (Optional)			
Daytime Phone		Alternate Phone	

Participant Name	DOB	M/F	Shirt Size <small>(Track & Field Only)</small>	Program Code	Fee
					\$
					\$
					\$
					\$
					\$

When registering participants under the age of 18, please make sure to fill out an emergency contact information card.

PAYMENT DETAILS	
(Payment is due in full at time of registration)	
Program Fees Due:	\$
Total Fees Paid:	\$
Total Fees Due:	\$
	Cash
	Check #
	Credit Card

WAIVER OF LIABILITY - Participation in recreation sports/activities may involve the risk of injury. As a parent, guardian or participant, I am aware of these hazards and my ability to participate. In consideration for participation in the program(s) listed above, I hereby for myself, my heirs, executors and administrators waive and release all rights and claims against the City of Waterville, its officers, employees, agents, volunteers, and supervisors, from all losses, injury, damages, fees and other expenses, arising out of or in connection with participation in the activity.

In addition, I give my permission for my child(ren) to be treated by qualified medical personnel in the event that the above named parent/guardian cannot be reached at the phone numbers provided.

I understand the cancellation/refund policy of the Waterville Parks and Recreation Department including the policy regarding trips. The department encourages registrants to carefully consider their schedule prior to registration. No fee will be refunded after the program begins. This policy is strictly enforced. If a program is canceled by the department, you will be notified and fully refunded.

PHOTO/VIDEO RELEASE - I give permission to have photos and/or video recordings taken of me and/or my child(ren) for publicity purposes during Waterville Parks & Recreation activities even though we will not receive compensation of any kind for appearing in such photos or video recordings. I further understand that these photos and/or videos may appear in brochures, on the Waterville Parks & Recreation website and/or on the Waterville Parks & Recreation Facebook page.

SIGNATURE (of participant or parent/guardian of child participant):

DATE

Please note that when using credit or debit cards a service fee will be charged. The service fee will be a minimum of \$1.00 to a maximum of 2.5%.

EMERGENCY INFO CARD

Child's Last Name	Child's First Name	Birth date & Age
Child's Primary Address		
Mother's/Guardian's Name	Home Phone	Alt Phone
Father's/Guardian's Name	Home Phone	Alt Phone
Emergency Contact	Contact Phone 1	Contact Phone 2
Health Concerns, Allergies, Behavioral Concerns, etc.		

EMERGENCY INFO CARD

Child's Last Name	Child's First Name	Birth date & Age
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Health Concerns, Allergies, Behavioral Concerns, etc.		