

Waterville Parks & Recreation

Summer 2015



6 Wentworth Ct, Waterville, Maine 04901
Phone: (207) 680-4744 Fax: (207) 877-7532
www.waterville-me.gov/parks/

The City is proud to have adopted a Tobacco Free Ordinance.

Smoking is prohibited within **20 feet** of City of Waterville Parks & Recreation Areas including public pool and watercraft accesses, playgrounds, parks, its athletic fields and athletic facilities (except in specifically designated areas) owned or maintained by the City of Waterville. For example, smoking is not allowed on or within 20 feet of the North Street Recreation Area, its parking lots, sporting areas, spectator areas or community gardens.

Waterville Parks and Recreation Department

Waterville Parks and Recreation
6 Wentworth Court
Waterville, Maine 04901
Phone: (207) 680-4744
Fax: (207) 877-7532
Office Hours: Monday - Friday, 8:00 am - 5:00 pm
Website: www.waterville-me.gov/parks/

Parks and Recreation Staff

Matt Skehan - Director
Bobbie-Jo Green - Recreation Coordinator
Sam Green - Parks Foreman
Steve Buzzell - Grounds Mechanic
April Ames - Executive Assistant

Community Programing Note

Summer Lunch Program June 22nd - August 14th

We will once again be participating in the summer lunch program offered through ***Waterville Public Schools***. This federally funded program provides the opportunity to continue with a child's physical and social development while providing nutritious meals. All children 18 years of age and under are eligible to receive a free meal, which will be provided at the North Street Picnic Shelters weekdays at approximately 11:45 am. This is a first come/first served program.

Please note, this program is run by the Waterville School Department, not Waterville Parks & Recreation. The time listed above is approximate and may be subject to change depending on actual delivery times and routes.

Registration for summer programs starts on Monday, June 1, 2015.

Mission Statement

To enhance the quality of life and meet the leisure needs of the community. Provide a variety of quality programs for all ages and interests at safe, well maintained, properly supervised facilities.

Program Satisfaction

Satisfaction is the goal of the Waterville Parks and Recreation Department. We are committed to offering the best programs and services we can. If at any time you are not happy with our services, please call and discuss the matter with one of our staff members.

Recreation Scholarships

Part of our commitment to the community is to offer quality programs at an affordable level for all residents. Scholarships are available to Waterville families who are unable to meet fees. Scholarships are not available for all programs. Proof of residency is required.

Residency

You are a resident if you own or rent property within the City of Waterville. Scholarships are available to Waterville residents only.

Cancellations

The Waterville Parks and Recreation Department reserves the right to cancel a program due to insufficient registrations or any other case that prevents the presentation of an activity in a safe, acceptable manner.

Individuals with Disabilities

All programs are available to people with disabilities and arrangements will be made when necessary to allow participation.

Facebook

Waterville Parks and Recreation and the Alford Municipal Pool Complex can now be found on Facebook. We're using Facebook to interact with members of the community. We would love to hear your thoughts about current programs, future programs you would like to see and area recreation facilities. This page will also be utilized to update individuals about program information (cancellations, etc.). Please check out our page and let us know what you think.

How to Register

Complete the registration form and mail along with total fees due to: Waterville Parks and Recreation, 6 Wentworth Court, Waterville, Maine 04901. Full payment is expected prior to the start of a program. We do not send or call with confirmations for mailed registrations. We will only notify you if the program you are registering for has been filled, canceled or changed.

You may also come to our office located at 6 Wentworth Court in Waterville during normal business hours, Monday - Friday, 8:00 am - 5:00 pm.

Program fees **WILL NOT** be pro-rated for participants missing time because of late registration, illness, family vacations or visitation schedules.

Registrations and payments can only be processed at the Waterville Parks and Recreation Office. Please do not try to register and/or pay for a program at the program site. You will be directed by staff members to take the registration form and/or payment to the Parks and Recreation Office.

We are sorry, but the Department cannot accept telephone registrations or reservations. All parents/guardians must sign a release waiver located on our registration form to sign up for a program. Friends or other family members may **NOT** register another person without a registration form signed by a child's parent/guardian or by the other adult wishing to participate.

Payment Method

The City of Waterville currently accepts payment in cash, check (made payable to "City of Waterville") or credit card. Please note that a service fee will be added to credit card and debit card transactions. The service charge will be a minimum of \$1.00 or a maximum of 2.5% (ie. \$40.00 or less is a \$1.00 fee, \$41.00 or high is 2.5%, (\$41.00 + \$1.03 charge = total billed \$42.03).

Participant Age/Grade

All participants are required to be of the age/grade requested in the brochure to be eligible to participate. No exceptions can be made. Participants **MUST** be of the age listed by June 1, 2015. For all summer programs the participants' grade is the grade entering in the fall.

Refunds

Waterville Parks and Recreation will grant refunds by check (please allow at least three weeks for processing) for programs and activities **PRIOR** to the program's first class. Once a program has started, **NO FEES** will be refunded. The Department encourages registrants to carefully consider their schedule prior to registration.

Registration Forms

A program registration form is located in this brochure. Please feel free to make as many copies of the registration form as you need. You may also pick up additional copies at the Waterville Parks and Recreation Office. Registrations will not be processed until a completed registration form and payment is submitted to the office.



Special Summer Events

Character Picnic

Friday, July 24th at 10:30 am
North Street Recreation Area

Preschoolers bring your favorite stuffed animal to meet a special surprise guest at a lunch time filled with coloring, storytelling and of course a delicious peanut butter and jelly sandwich provided by the Parks and Recreation staff.

Who will our surprise guest be this summer?



Did you know?

Waterville boasts approximately 28 miles of trails for walking and bicycling? More information on area trails can be found in our brochure.

5th Annual Mother/Son Pool Party

Saturday, July 11th
from 5:00 - 7:00 pm
Alfond Municipal Pool Complex

Waterville Parks and Recreation is proud to announce our 5th annual Mother Son Pool Party to be held on Saturday, July 11th at the Alfond Municipal Pool Complex located on North Street for grades kindergarten through 5th. This event is for mothers (or favorite female guardians) and sons only.

The evening will feature swimming, light refreshments, and activities. Please note, photos will **not** be available for this event. Please feel free to bring a camera to capture your own special moments.

Invitations will be sent out to Waterville Schools in June. Tickets will go on sale June 15th and can be purchased at the Waterville Parks & Recreation Office or at the Alfond Municipal Pool Complex (after the pool opens for the season). The fees for tickets are: \$15.00 per resident couple, \$20.00 per non-resident couple and \$5.00 for each additional son or guardian (*must be 16 years of age or older*).

In the event of inclement weather, the pool party will be held on Sunday, July 12th.



Alfond Municipal Pool Information

Water Slides

In order to use the water slides, participants **must** be at least 48” or taller and be able to swim.

Pool Fees

Open Swim

(Daily Admission)

Saturday, June 20th marks the opening of this extremely popular outdoor water park located on North Street. Attendance continues to rise as people of all ages take advantage of the facility. The pool complex features:

- 6 Lane, 25 Meter Pool
- Family Swim Area
- Zero-Entry Area with “Raindrop”
- 18” Deep Kiddy Pool with Frog Slide
- 12” Deep Kiddy Pool with “Little Squirts”
- Spray Pool with 16 Water Jets
- Slide Pool Featuring Twister and Tube Slide
(Users must be 48” or taller and be able to swim to use slides)
- Snack Bar

Children (17 & Under)

Residents \$3.00

Non Residents \$5.00

Adults (18 & Over)

Residents \$4.00

Non Residents \$8.00

Seniors (65 & Over)

Residents *Free*

Non Residents \$5.00

Season & Hours of Operation

Saturday, June 20th - Sunday, August 23rd

Please note times & fees

Swim Lessons	10:00 am - 12:00 pm
Adult Lap Swim	11:30 am - 12:30 pm
Open Swim	12:30 pm - 7:00 pm
	<i>Monday - Friday</i>
	11:00 am - 6:00 pm
	<i>Saturday & Sunday</i>

Participants must be 18 years or older to purchase season passes and must show proof of residency.

Individual Season Passes

Residents

Children \$15.00

Adults \$25.00

Seniors *Free*

Non Residents

Children \$40.00

Adults \$50.00

Seniors \$40.00

Open to All Ages

Family Season Passes

Children under **10** years of age **must** be accompanied by an adult or chaperone 16 years of age or older.

Residents

Up to 4 individuals in same household \$40.00

Each additional individual \$10.00

Residency

Non Residents

You are a resident if you own or rent property within the City of Waterville.

Up to 4 individuals in same household \$100.00

Each additional individual \$20.00

Alfond Municipal Pool Complex Rules

General Pool Rules

- ☼ No running anywhere in the facility
- ☼ Children under the age of 10 must be accompanied by an adult (16 years or older)
- ☼ No flotation devices allowed (unless necessary for a disability)
 - ☼ *This includes bathing suits with built in flotation devices and arm floaties*
- ☼ No masks that cover the nose are allowed (swim goggles are approved)
- ☼ No toys in the pools
- ☼ Swimsuits only – no cutoffs
- ☼ No glass containers allowed in the pool facility
- ☼ Do not hold onto or swim under the lane lines
- ☼ Only swim diapers are allowed in the pools
- ☼ No splashing or horseplay – keep your hands to yourself at all times
- ☼ Listen to lifeguards at all times
- ☼ No spitting anywhere inside the pool facility

Deep End Rules

- ☼ Must be 6 years or older to take the deep end test
- ☼ Deep end test may be taken once per day
- ☼ Anyone under the age of 18 must take the deep end test
- ☼ No spinning
- ☼ No flipping
- ☼ No belly flops
- ☼ No landing on your back
- ☼ No diving

Slide Rules

- ☼ Must be 48” tall and able to swim to be allowed on the slides
- ☼ Feet first
- ☼ Must face forward at all times
- ☼ No spinning
- ☼ No rolling over
- ☼ Stay on your back or sitting up
- ☼ One person at a time
- ☼ Do not go down the slide until the lifeguard tells you it is time to go

Swim Lesson Information

Our swim lesson participants receive Red Cross Certification for the various levels passed.

Inclement Weather Policy: During inclement weather, whenever possible, swim lessons will be moved to the Alford Youth Center indoor pool.

Fees

Tiny Tots - *Twice a Week*

Residents - \$30.00

Non Residents - \$40.00

Swim Lessons (All Levels) - *Four Days Per Week*

Residents - \$50.00

Non Residents - \$60.00

Scholarship Eligible - Yes

Tiny Tots (Ages 3-5)

This program builds swimming readiness by emphasizing fun in the water. Participants in the class will learn elementary skills, including water entry, bubble blowing, front kicking, back floating, underwater exploration and more. Once children can perform basic skills without adult assistance, they may begin Level I: Introduction to Water Skills. Parents are welcome to get in the water with their children.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/22-7/17	M & W	11:30 - 12:00 pm	TT6221
6/22-7/17	T & Th	11:30 - 12:00 pm	TT6222
7/20-8/14	M & W	11:30 - 12:00 pm	TT7201
7/20-8/14	T & Th	11:30 - 12:00 pm	TT7202

Level I: Introduction to Water Skills

Helps students feel comfortable in the water. Level I participants learn to: enter and exit water safely, submerge mouth, nose and eyes, exhale underwater, pick up submerged object, change direction while walking or paddling, roll over from front to back and back to front with support, explore floating on front and back with support, explore swimming on front and back using arm and leg actions with support.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/22-7/10	M, T, W, Th	10:00 - 10:45 am	SLI6221
6/22-7/10	M, T, W, Th	10:45 - 11:30 am	SLI6222
7/20-8/7	M, T, W, Th	10:00 - 10:45 am	SLI7201
7/20-8/7	M, T, W, Th	10:45 - 11:30 am	SLI7202

Level II: Fundamental Aquatic Skills

Gives students success with fundamental skills. Level II participants learn to: enter water by stepping or jumping from the side, exit water safely using ladder or side, submerge entire head, blow bubbles submerging head in a rhythmic pattern (bobbing), open eyes underwater, pick up a submerged object in shallow water, float on front and back, perform front and back glide, change direction of travel paddling on front or back, roll over from front to back, back to front, tread water using arm and leg motions (chest deep water), swim on front, back and side using combined arm and leg actions, and move in the water while wearing a life jacket.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/22-7/10	M, T, W, Th	10:00 - 10:45 am	SLII6221
6/22-7/10	M, T, W, Th	10:45 - 11:30 am	SLII6222
7/20-8/7	M, T, W, Th	10:00 - 10:45 am	SLII7201
7/20-8/7	M, T, W, Th	10:45 - 11:30 am	SLII7202



Level III: Stroke Development

Builds on the skills in Level II through additional guided practice. Level III participants learn to: jump into deep water from the side, head first entry from kneeling or standing position, submerge and retrieve an object in chest deep water, bob with the head fully submerged, rotary breathing in horizontal position, perform front and back glide using two different kicks, float on front and back in deep water, change from horizontal to vertical position on front and back, tread water using hand and leg movements, perform front crawl and elementary backstroke, scissors kick, breaststroke, kick and dolphin kick.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/22-7/10	M, T, W, Th	10:00 - 10:45 am	SLIII6221
6/22-7/10	M, T, W, Th	10:45 - 11:30 am	SLIII6222
7/20-8/7	M, T, W, Th	10:00 - 10:45 am	SLIII7201
7/20-8/7	M, T, W, Th	10:45 - 11:30 am	SLIII7202

Level IV: Stroke Improvement

Develops confidence in the skills learned and improves other aquatic skills. Level IV participants learn to: Perform a head first entry from a standing or stride position, swim underwater, perform feet-first surface dive, perform open turns on front and back, tread water using sculling arm motions with different kicks, perform the following: front and back crawl, breaststroke, butterfly, elementary backstroke, and sidestroke.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/22-7/10	M, T, W, Th	10:00 - 10:45 am	SLIV6221
6/22-7/10	M, T, W, Th	10:45 - 11:30 am	SLIV6222
7/20-8/7	M, T, W, Th	10:00 - 10:45 am	SLIV7201
7/20-8/7	M, T, W, Th	10:45 - 11:30 am	SLIV7202

Did you know?

22,663 people visited the Alford Municipal Pool Complex last year. That is an average of 372 people per day for the 61 days that the pool was open.

Level V: Stroke Refinement

Provides further coordination and refinement of strokes. Level V participants learn to perform the following: standing dive, shallow dive, glide two body lengths and begin any front stroke, tuck surface dive, pike surface dive, front flip turn, backstroke flip turn, front and back crawl, butterfly, breaststroke, elementary backstroke, sidestroke, tread water with two different kicks, and learn survival swimming.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/22-7/10	M, T, W, Th	10:00 - 10:45 am	SLV6221
6/22-7/10	M, T, W, Th	10:45 - 11:30 am	SLV6222
7/20-8/7	M, T, W, Th	10:00 - 10:45 am	SLV7201
7/20-8/7	M, T, W, Th	10:45 - 11:30 am	SLV7202

Level VI: Swimming & Skill Proficiency

Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Level VI focuses on preparing students to participate in more advanced courses such as water safety instruction and lifeguard training among other aquatic activities.

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>
6/22-7/10	M, T, W, Th	10:00 - 10:45 am	SLVI6221
6/22-7/10	M, T, W, Th	10:45 - 11:30 am	SLVI6222
7/20-8/7	M, T, W, Th	10:00 - 10:45 am	SLVI7201
7/20-8/7	M, T, W, Th	10:45 - 11:30 am	SLVI7202



Golf Lessons

Looking for a fun outdoor activity for the summer? Join our instructor at the A & M Driving Range (595 Benton Rd, Winslow (next to Big G's)) this summer and develop your game. Our instructor emphasizes the fundamentals of the game for both beginners and those with more experience.

Who:

Youths, Ages 7-17

Fees (per session):

Resident - \$40.00

Non Resident - \$50.00

What to Bring:

Golf Clubs (if possible)

Please note - Limited amounts of kids golf equipment is available for use during lessons for children who do not have their own equipment.

Where:

Pine Ridge Golf Course

(101 West River Road, Waterville)

Scholarship Eligible:

Yes

Schedule:

Mon/Wed 9:00- 10:00 am

Mon/Wed 10:15 - 11:15 am

Please note each session of golf is for two (2) weeks and has four (4) one hour lessons.

Beginners - No previous golf experience. **Intermediates** - Some previous golf experience.

Session 1 - June 22- July 3

GY6221 Mon & Wed, 9:00 - 10:00 am
(Beginners Only)

GY6222 Mon & Wed, 10:15 - 11:15 am
(Intermediate Only)



Session 2 - July 6 - July 17

GY761 Mon & Wed, 9:00 - 10:00 am (Beginners Only)

GY762 Mon & Wed, 10:15 - 11:15 am (Intermediate Only)

Session 3 - July 20 - July 31

GY7201 Mon & Wed, 9:00 - 10:00 am (Beginners Only)

GY7202 Mon & Wed, 10:15 - 11:15 am (Intermediate Only)



Session 4 - August 3 - August 14

GY831 Mon & Wed, 9:00 - 10:00 am
(Beginners Only)

GY832 Mon & Wed, 10:15 - 11:15 am
(Intermediate Only)

Tennis - Play & Learn!

Join our instructor at the Jim Begin Recreational Tennis Courts on North Street for the opportunity to learn how to play tennis. Our instructor is certified in teaching the QuickStart format for youth participants. It's never too late to try this exciting sport.

Who:

Youths, Ages 7-17

Where:

*Jim Begin Recreational
Tennis Courts (North St)*

Fees (per session):

Resident - \$30.00

Non Resident - \$40.00

Scholarship Eligible:

Yes

What to Bring:

Tennis Racket (if possible)

Please note each session of tennis is for four (4) weeks and has eight (8) one hour lessons.

Beginners (B) - No previous tennis experience. **Intermediates (I)** - Some previous tennis experience.

Ages 7-12

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>	<u>Level</u>
6/22-7/17	M & W	9:00 - 10:00 am	TYB6221	B
6/22-7/17	M & W	11:00 - 12:00 pm	TYB6223	B
6/22-7/17	T & Th	9:00 - 10:00 am	TYI6222	I
7/20-8/14	M & W	9:00 - 10:00 am	TYB7201	B
7/20-8/14	M & W	11:00 - 12:00 pm	TYB7203	B
7/20-8/14	T & Th	9:00 - 10:00 am	TYI7202	I



Ages 13-17

<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>	<u>Level</u>
6/22-7/17	T & Th	11:00 - 12:00 pm	TYB6222	B
6/22-7/17	M & W	10:00 - 11:00 am	TYI6221	I
6/22-7/17	T & Th	10:00 - 11:00 am	TYI6223	I
7/20-8/14	T & Th	11:00 - 12:00 pm	TYB7202	B
7/20-8/14	M & W	10:00 - 11:00 am	TYI7201	I
7/20-8/14	T & Th	10:00 - 11:00 am	TYI7203	I



Track & Field

We offer a quality track and field program for ages 6-14 that is affiliated with USA Track and Field. The program is for beginners and those with more experience. The Waterville team, coached by Wendy Serbent, will have an opportunity to compete against other Central Maine summer track teams. Track and Field participants will be exposed to a variety of events including 200m, 400m, 800m, long jump, high jump, shot put, discus, race-walking and more. Please register as early as possible. Practices are held at the Waterville High School Track. All participants will receive a track shirt.

Please note: spiked running shoes are not allowed on the track.

Who:

Youths, Ages 6-14
TF610 (Ages 6-10)
TF1114 (Ages 11-14)

Where:

Waterville High School Track

Fees (per session):

Resident - \$60.00
Non Resident - \$70.00

What to Bring:

Appropriate Running Attire
Water Bottle

Scholarship Eligible:

Yes (Scholarship does not cover entry fees for track meets)

Practice Schedule:

Ages 6-10
Mon & Wed, 9:00 - 10:00 am
Ages 11-14
Mon & Wed, 10:00 - 11:30 am

Track meets are held on Thursdays, throughout Central Maine at 10:00 am. Each participant must pay a \$2.00 entry fee at each meet. Transportation will be provided for participants only. The first track meet of the season will be on Thursday, June 25th.

The State Qualifying Meet will be held on Thursday, July 30th and the State Championship Meet will be held on Saturday, August 8th. Please note the entry fee for the State Championship meet will be \$3.00 per participant.

Please note: Practices will start on Monday, June 22nd.

Track meets are subject to date and location changes during the summer. Please note that meet fees may also change without notice during the season.

Did you know?

The Waterville Parks & Recreation summer track and field program was presented with the 2014 Top “Small Club” Award by the USA Track and Field Maine organization?

Congrats to Coach Serbent and her staff for a job well done!



Maine Association USA Track & Field 14 & Under 2015 Summer Meets Group C

All meets start promptly at 10:00 am.
Please check with Coach Serbent concerning bus departure times.

Please note, bus transportation will not be provided for the Winslow meet on July 2nd.
Parents should check with Coach Serbent to see when athletes need to arrive in Winslow.

Thursday, June 25th - Cony High School (60 Pierce Dr, Augusta)

Thursday, July 2nd - Winslow High School (20 Danielson St, Winslow)

Thursday, July 9th - Maranacook High School (2250 Millard Harrison Dr, Readfield)

Thursday, July 16th - Waterville High School (1 Brooklyn Ave, Waterville)

Thursday, July 23rd - Mt. Blue High School (129 Seamon Rd, Farmington)

Junior Division Qualifying Meet

Thursday, July 30th - Cony High School (60 Pierce Dr, Augusta)

State Championship - Starts at 9:00 am

Saturday, August 8th - Brewer High School (79 Parkway South, Brewer)



Maine Recreation & Parks Association Discount Passes

Funtown/Splashtown Combo Pass

Once again this year, Waterville Parks & Recreation will be participating in the Maine Recreation and Parks Association sale of discount passes to Funtown/Splashtown. The combo pass is good for one day and provides access for both Funtown and Splashtown and all rides. The passes are for those 48 inches and taller and cost \$27.00 each. This is a savings of \$9.00 per pass when compared to daily rates at the park gate (\$36.00 for the big combo pass). Passes will go on sale after June 1, 2015 and will be on sale through August 28, 2015.

Please note that passes are not valid until after Saturday, June 13th when Splashtown opens.

Daily Rates for Funtown/Splashtown

COMBINATION (Rides and Water Park) PASS

Provides two rides on the Grand Prix Racers and unlimited use of all other rides, slides and pools.

Big Combo (48" tall and taller) \$36.00

Little Combo (38" tall to under 48" tall) \$27.00

Senior Combo (Seniors 60+; any height) \$27.00

Under 38" Tall - Free

After 3pm: Big Combo \$27.00, Little/Senior Combo \$19.00

🏌️ 2015 Golf-A-Round Maine Card 🏌️

This is not just any golf card...the unique aspect of this card is that 70% of the proceeds benefit local youth golf programs across the state.

- 🏌️ For \$40, this card provides over \$1,200 in savings!
- 🏌️ Provides a funding source for Junior Golf Maine.

Current participating courses include:

Dunegrass, Spring Meadow, Martindale, Brunswick, Point Sebago, Val Halla, Nonesuch, Riverside, Dutch Elm, Highland Green, Mere Creek, Toddy Brook, Freeport, Sunset Ridge, Fox Ridge and the Greater Portland Golf Association.



Drop in Summer Tennis Programs

Please note, pre-registration is not required for any of these programs.
Free tennis in Waterville for all ages and skill levels.
For more information, please contact Jim Begin at 873-5337.

Adult Coed Tennis Scrambles

Starting Monday, June 1st, Wednesday, June 3rd & Friday, June 5th
9:00 - 10:30 am
Monday, Wednesday & Friday
Colby College Tennis Courts (*Colby Cares Program*)

Coed High School Scrambles

Starting Tuesday, June 23rd
4:00 - 5:30 pm
Tuesdays Only
Jim Begin Recreational Tennis Courts, North Street

Coed Junior Scrambles

Starting Thursday, June 25th
4:00 - 5:30 pm
Thursdays Only
Jim Begin Recreational Tennis Courts, North Street



Alfond Youth Center Summer Enrichment Program

The Alfond Youth Center in conjunction with the City of Waterville offers a Summer Enrichment Program which offers many exciting activities for the children to enjoy.

The Summer Enrichment Program is a state licensed summer program for boys and girls, 6-12 years of age. The mission is to enhance the quality of life for youth of all economic and ethnic backgrounds, fostering character growth by providing educational, cultural, physical and recreational opportunities. Children will be offered a variety of activities on a daily basis. Our program is structured so that children will be able to make choices as to how they will spend their time. Staff members will design and lead a variety of age appropriate activities for the children. The possibilities are endless! The Summer Enrichment Program is equipped with an education room, computer lab, art room, indoor pool and outdoor playing areas. With the municipal pool nearby, outdoor opportunities are enhanced for all children.

Program Hours

- Enrichment Program hours are from 7:00 am - 5:30 pm, Monday through Friday
- This program is an 8 week program, June 22nd - August 14th
- Sessions are 1 week long
- The Enrichment Program closes in observation of July 4th
- The Enrichment Program closes promptly at 5:30 pm and charges a late fee of \$5 for every 15min interval per child

Program Fees

Program fees paid in full are non-refundable more than 48 hours prior to the start of the session. Children dismissed from the program will not receive a refund.

(all fees are PER CHILD)

Weekly Rate	\$110/week
Daily Rate	\$30.00/day
Late pick up fee	\$5.00 for every 15 min intervals
Processing fee	\$5.00 for each change

For more information or to register, please contact the Alfond Youth Center at 873-0684.

Facilities

Playgrounds

Chaplin Street Tot Lot
Green Street Playground
Grove Street Playground and Skate Park
Hillside Tot Lot
Judge Morton A Brody Playground (*located at the North Street Recreation Area*)
Kelsey Street Tot Lot
Moor Street Playground
Western Avenue Tot Lot

Park Areas

Bridge Park - *historical Lombard Tractor display located on Bridge St*
Castonguay Square - *located on Common St*
Dave's Place Park - *located on Drummond Ave*
Downie Park - *located on Messalonskee Ave*
Harris Park - *located on West St*
Head of Falls - *located on Front St*
Judge Poulin Park - *located on Collette St*
"Old 470" - *historical train display located on College Ave*
Sterling Street - *located on Sterling St*
Veteran's Memorial Park - *located on Park St*

Football Fields

Drummond Football Field - *High School Field located on Western Ave*
Junior High Football Field - *located in back of the Junior High on West River Rd*
Reed Field (youth football) - *located on the Armory Rd*

Baseball Fields

Gaul Baseball Field - *located at the High School off Messalonskee Ave*
Junior High Baseball Field - *located in back of the Junior High School off West River Rd*
Peters Little League Field - *on the Armory Rd*
Purnell Little League Field - *on Mathews Ave*

Tennis Courts

North Street Tennis Courts - *4 courts located at North Street Recreation Area*
Pine Ridge Tennis Courts - *4 courts located at Pine Ridge Recreation Area off Louise Ave*

Softball Fields

Couture Softball Field - *located at the end of Water St*
Herlihy Softball Field - *located in front of the Junior High School on West River Rd*
High School Softball Field - *located off of Messalonskee Ave*
Junior High Softball Field - *located in back of the Junior High School on West River Rd*
Reed Softball Field - *located on the corner of the Armory Rd and Drummond Ave near the George Mitchell School*
Rummels Softball Field - *located at Pine Ridge Recreation Area off of Louise Ave*

Soccer Fields

Herlihy Field - *U-11 field located in front of Junior High School on West River Rd*
Junior High School Soccer Field - *located in back of Junior High School off West River Rd*
North Street Soccer Fields - *5 youth fields located at North Street Recreation Area*
Pine Ridge Soccer Fields - *located at Pine Ridge Recreation Area off Louise Ave*
Webber Soccer Field - *High School field located on West River Rd*

Outdoor Basketball Courts

Chaplin Street Basketball Court - *1/2 court*
Grove Street Basketball Court
Kelsey Street Basketball Court - *1/2 court*
North Street Basketball Court
Sterling Street Basketball Court - *1/2 court*

Boat Landings

Thayer Park Boat Landing - *carry in boat access located at North St*
Water Street Boat Landing - *located at end of Water St, picnic tables at site*

Community Gardens

North Street Recreational Area
Moor Street

North Street Picnic Shelters

The picnic shelters are located next to the Judge Morton A Brody Playground on North Street. The shelters are open to the public at no cost. We ask that users adhere to these rules: no alcoholic beverages, no wood fires (charcoal only) and no camping.

Pine Ridge Golf Course

Pine Ridge Golf Course is a 9 hole par 3 course located on the West River Road in Waterville. During the summer months, the golf course is home to golf lessons hosted by Waterville Parks & Recreation. For more information, please contact the golf course directly at 873-0474.



Dog Park

The park is located off West River Road with designated parking at Pine Ridge Golf Course and/or Pine Ridge Recreation Area. The park is open to the public, free of charge.

The facility is approximately 1 acre of fenced area with two separate pens. Trees, boulders and benches are placed throughout. The main pen area is for dogs who are comfortable with other animals and want to run, play and socialize. The alternate (training) pen is for dogs who need a little extra time getting familiar with things.

Please call for more information or visit our website for a listing of Dog Park rules and regulations.



Facility Use Guidelines

Each summer the Parks Maintenance Staff works diligently to maintain all of our outdoor facilities, which include parks, playgrounds and athletic fields. Our crew is responsible for mowing well over 80 acres each week, along with general maintenance responsibilities. When utilizing our outdoor facilities this summer, please keep the following things in mind:

- Make sure to always properly dispose of any trash.
- Please be respectful of all equipment and memorials contained in our parks and playgrounds.
- Be respectful of others who are using the facilities along with you.
- If you see anything that is a safety hazard in one of our facilities, please report it to the Parks and Recreation Office at 680-4744.

Dogs in Parks or on Athletic Fields

All City parks, playgrounds, and athletic fields are provided and maintained for the enjoyment of our citizens. Dogs and their owners are members of the community as well and are encouraged to remember the following points:

1. Dog waste must be picked up and disposed of properly.
2. Owners are reminded/encouraged to carry a small bag when taking your pet to a park or onto an athletic field.
3. Abide by all state and local dog laws and ordinances.
4. Make sure your pet is trained for good behavior.
5. Recognize that not everyone likes dogs or is comfortable around them.
6. Play structures are not appropriate places for dogs to be.
7. Respect the rights of all park users.

For more information, please see the City of Waterville Animal Control Ordinance.

Kennebec Messalonskee Trails

Greater Waterville Area Trail

Descriptions

Colby College Trails

The Colby College campus has miles of trails from the top of Mayflower Hill to the valley of Messalonskee Stream. They are wide and narrow, steep and gentle, through the woods and across open fields. For mountain bikers they connect to other trail networks. To explore them all will take time and an adventurous spirit.

Parking is available at several locations throughout the college campus.

Proceeding up the hill from the south end of the campus there are super views of the Kennebec Valley from near the water tower. On the lower ground some trails skirt the campus for easy walking/skiing/biking, while others proceed downslope to the railroad embankment. None of the trails are signed, but with the college in the center, it's difficult to get lost.

Quarry Road Recreation Area

Quarry Road is a multi-use, four-season park with great cross-country skiing and sledding in winter (with snowmaking as necessary), and mountain biking, running and walking the rest of the year. Expect beautiful views, woods and 200 acres of open space for all.

From Waterville, take North Street north past Maine General Center for Health (former Thayer Hospital), then turn right onto Quarry Road. From I-95, take the Main Street exit south, turn right onto Eustis Parkway, follow it to the end and turn right on North Street, then right again on Quarry Road. Follow the paved portion of Quarry Road to where it changes to dirt, then under the I-95 overpass. There are two parking areas, one at the welcome kiosk, the second a mile further in.

Quarry Road Recreation Area includes 12 miles of groomed cross-country ski trail loops, 2.5 miles of snowshoe trail, a sledding hill, and easy walking on the groomed Quarry Road itself.

The principal ski trails are 16 feet wide and can be used in other seasons for mountain biking or hiking. Single track bike trails and a pump track are under construction. Great views abound -- of Messalonskee Stream on one side, the steep hillside on the other, with impressive woodlands throughout.

Friends of Quarry Road organizes the Central Maine Ski Club, and puts on a variety of events, the biggest of which is the Winter Carnival, at the beginning of February.

Waterville Connector Trail

This trail connects Quarry Road, Head of Falls and Winslow along a quiet streamside trail, City streets and sidewalks, through downtown Waterville and across the Kennebec.

Start just about anywhere along the route. Signs show where to make turns along the way. This trail is completely wheelchair accessible, with easy gradients throughout.

This trail is the first to fit into KMTrails' long term goal of having the City be completely bicycle and pedestrian friendly. It gives plenty of opportunity to greet whomever you meet along the way.

Inland Woods and Pine Ridge Trails

Behind Inland Hospital are many miles of trail loops, mostly through the woods, which are great for mountain biking and four-season hiking. If you get lost, remember that the airport is to the west on top of the hill, downhill faces east, and the trailhead kiosk is to the north. Recently rehabilitated and expanded, this area is one of Central Maine's most beautiful and surprisingly untouched natural spaces.

To get there, turn off ME Routes 11/137 (Kennedy Memorial Drive) at Inland Hospital. Park at the far end of the employee parking lot. The trailhead is clearly marked with a beautiful kiosk.

The Inland Woods Trail starts in the 17-acre woods behind the Hospital and provides a link to several miles of trails in the 144 acres of Pine Ridge Recreation Area. From walking paths along meandering streams to old tote roads paralleling stone walls and twisty single-track bike trails, the area offers something for all non-motorized interests and abilities.

Merritt Nature Trail

Starting at Waterville's Junior High School, this short trail leads around the campus on high land and dips into the gullies that separate it from the Thomas College campus to the south.

Access is through the school entrance, proceeding to the right beyond the school buildings.

The trail traverses land with highly erodible soils, thus the gullies. These are cut into silts and clays deposited in marine conditions when the Gulf of Maine flooded all of Central Maine briefly about 13,000 years ago. You will be walking through a mixed forest with pine and hemlock and patches of ferns and other native vegetation.

Thomas College Trail

For a spectacular viewing of where the Kennebec River and Messalonskee Stream merge take this short trail.

The official trailhead is a parking lot south of the college's academic buildings and up against the soccer field. Follow the signs to the kiosk beyond the field, overlooking the Kennebec.

Walk first along the power line that forms the southern edge of the soccer field. It leads to a small kiosk where you get your first glimpse of the Kennebec. Walk into the woods, and don't miss the steep-sided point overlooking the Messalonskee/Kennebec confluence.

Follow the marked path up, down and around gullies, across bridges, and along plank walks. These silty soils are slippery when wet. The path twists and turns and comes out by the baseball field. Follow your nose back to the start.

The Oxbow Trail

The Oxbow is a little undeveloped gem of low-lying land in a curve of Messalonskee Stream. When down in its heart, you will hardly be aware of its location close to the center of a City.

Park at the northern end of the Lutheran Church lot, and stroll down the gravel path.

Habitats vary from pine woods to viburnum thickets to tall wetland grasslands. Some parts are not accessible at high water.

Winslow Schools Trails

All three of Winslow's Schools are located at the periphery of a large campus with playing fields and woods.

Park at any of the three schools and keep walking from there.

From the Junior High walk on the paved trail to a kiosk near the Elementary School. Then turn right past two baseball fields into a curving trail through the woods that leads to the tennis courts. From there, return to the kiosk or make a loop to the High School and Junior High. This is a great place for a regular, easy, daily jog.

Rotary Centennial Trail

On this level trail, which runs parallel to the Kennebec River, it's easy to walk four abreast and enjoy a wide variety of native trees. Constructed on an old rail bed, it ends at a former bridge abutments from which one can look up and down river for a mile each way. Taking a seat on the Rotary granite wheel is a great spot for a picnic!

There are two parking areas for the trail, both marked by a TRAIL sign on the nearest main road (Route 139 and Benton Avenue):

- 1) walking from Mill Island Park in Fairfield, cross the bridge, turn right on Crummett Street, then climb a set of granite steps to the trail.
- 2) driving along Benton Avenue, about 300 yards south of the Route 139 stop lights, a sign at Asher Farms mobile home park directs drivers to a parking area amid pine woods at the far end. From there, walk down a steep ramp to the trail. Both approaches meet at the Trailhead kiosk.

This is a nature trail. Glimpses of turkeys, deer, ducks, beaver, turtles, and an occasional heron or bald eagle are possible, plus no fewer than seventeen species of native trees. The trail is groomed in winter for easy skiing, snowshoeing, or walking in boots when the snow is packed down. In other seasons it's good for walking, running, and especially for kids learning to bike.

This trail is enjoyed by people from all around, particularly by its neighbors, who have made no fewer than eleven separate approaches down to the trail from their homes out of sight on top of the hill.

Mill Island Park

Mill Island Park was once a bustling industrial island with factories and homes. Now it's a beautiful park, with play and picnic spaces, benches, trails, views of the Kennebec, and plenty of historical and cultural interest.

From the center of Fairfield, turn onto the Route 139 bridge across the Kennebec River, and take the first left onto the island. Coming from Benton, take the last turn to the right off the bridge. Drive to the end, under the railroad trestle to the parking area at the short road's end.

Within view of the parking area is a kiosk, swings, a picnic spot and benches overlooking the Kennebec. Follow the trail to the northern end of the island and take note of the historical signage and the basements of some of the factories that gave the island its name. Enjoy the many views of the Kennebec River rapids; there were many more between here and Waterville when Benedict Arnold and his men made their way north in 1776.

Kennebec Valley Community College (KVCC) Campus Trail

For a relaxing break from academic pursuits this trail is ideal.

Park near the library. Begin walking in front of the library, go down and around the field, across a small gully, and continue along the top of the campus within earshot of the traffic on I-95. Then return to the library close to the poles used to train future electric and telephone line workers.

Fairfield Woods Trails

This set of trails provides gravel roads, rooty routes through wetlands, and power line pathways, ideal for the adventurous mountain biker.

Access can be from the Lawrence High School playing fields, from Drummond Avenue, or from the far end of the Elks Lodge parking lot at the end of Industrial Drive.

Messalonskee Stream Trail

A delightful walk through hemlock and pine woods with stunning views of Messalonskee Stream and its artificial, though very beautiful lake on this 2.5 mile trail from downtown Oakland to Rice Rips Road.

Parking areas are available at two trailheads at the south and north ends:

1. Coming from Waterville follow Kennedy Memorial Drive to just before the Messalonskee stream bridge and take a quick right at the sign into a small fenced in area. Coming from Oakland, cross the stream and turn left.

Walk through a gap in a chain link fence. Proceed into the woods and 300 yards further cross the power line easement (under which is an ATV and mountain bike trail). The path is clearly marked. It is mostly single track, crosses several footbridges and passes through beautiful hemlock woods to where Messalonskee Stream broadens into a lake. Keep going down, around a peninsula, then up to the power line and along it until you reach the dam access road.

2. At the trail's north end, access is off Rice Rips Road, at the bridge. Coming from Waterville, past the Colby College Campus follow downhill until, just before the stream, turn right into a small parking area. Coming from Oakland on Route 23 turn onto Rice Rips Road, cross the stream and turn left into parking.

Walk across the road and follow the big black penstock pipe. Proceed towards the steel steps which take you to the top of the dam. Then follow a wide path (also an ATV trail) to where it joins the walking trail through the woods.



Messalonskee Eagle Trail

The trail is a short trail and leads down through a wooded wetland hollow that lies below and between the several buildings of the Messalonskee School and Middle School campus.

Park at the far end of the High School parking lot at a large sign, or at a similar sign north of the Middle School.

It won't take long to traverse the entire route through the woods, so make the trip worthwhile by walking all around the playing fields for a longer loop.

T-Mobile Campus Trail

T-Mobile made this trail for its employees. The idea was to develop teamship among each group of a dozen or so employees. They were encouraged to take a picnic and chat for a while.

Start at the far end of the parking lot closest to I-95, then turn left and follow the bark mulch trail where it leads through the woods, all around the parking lot and building and back to where you started.

Winslow Connector Trail

Connect from the Winslow Schools Trail, cross Benton Avenue, and follow the paved trail around Scott Park to the 2-Cent Bridge. Despite the fact that this is a very steep hill overlooking the Kennebec River, the trail complies the grade for Americans with Disabilities Act, so it's fine for wheelchairs. Sit and rest if you wish for a grand view of Ticonic Falls.

Head of Falls and the 2-Cent Bridge

Head of Falls is a grand place for celebrations, or for starting to explore east or west, north or south. Rest at the plaza and contemplate the changes that this place has seen in 300 years, from Indian encampments, to Benedict Arnold's trip north, to a close-knit Lebanese neighborhood, to mills on both sides of the river, to the present, with a 100-year old footbridge and choice land awaiting a creative developer.

Fort Halifax Park

This spot is where our community began. Fort Halifax was the founding location for Winslow, from which Waterville split in 1802. The park offers a pleasant walk to the point, and upstream through a silver maple grove to the ledges leading to Ticonic Falls. It's another great place for a picnic.





Waterville Parks & Recreation
 6 Wentworth Ct
 Waterville, ME 04901

For more information, please call 207-680-4744 Fax 207-877-7532

Please Print Clearly

Please make checks payable to City of Waterville

Adult Last Name		First	
Street		City/State/Zip	
Email Address (Optional)			
Daytime Phone		Alternate Phone	

Participant Name	DOB	M/F	Shirt Size <small>(Track & Field Only)</small>	Program Code	Fee
					\$
					\$
					\$
					\$
					\$

When registering participants under the age of 18, please make sure to fill out an emergency contact information card.

PAYMENT DETAILS	
(Payment is due in full at time of registration)	
Program Fees Due:	\$
Total Fees Paid:	\$
Total Fees Due:	\$
	Cash
	Check #
	Credit Card

WAIVER OF LIABILITY - Participation in recreation sports/activities may involve the risk of injury. As a parent, guardian or participant, I am aware of these hazards and my ability to participate. In consideration for participation in the program(s) listed above, I hereby for myself, my heirs, executors and administrators waive and release all rights and claims against the City of Waterville, its officers, employees, agents, volunteers, and supervisors, from all losses, injury, damages, fees and other expenses, arising out of or in connection with participation in the activity.

In addition, I give my permission for my child(ren) to be treated by qualified medical personnel in the event that the above named parent/guardian cannot be reached at the phone numbers provided.

I understand the cancellation/refund policy of the Waterville Parks and Recreation Department including the policy regarding trips. The department encourages registrants to carefully consider their schedule prior to registration. No fee will be refunded after the program begins. This policy is strictly enforced. If a program is canceled by the department, you will be notified and fully refunded.

PHOTO/VIDEO RELEASE - I give permission to have photos and/or video recordings taken of me and/or my child(ren) for publicity purposes during Waterville Parks & Recreation activities even though we will not receive compensation of any kind for appearing in such photos or video recordings. I further understand that these photos and/or videos may appear in brochures, on the Waterville Parks & Recreation website and/or on the Waterville Parks & Recreation Facebook page.

SIGNATURE (of participant or parent/guardian of child participant):

DATE

Please note that when using credit or debit cards a service fee will be charged. The service fee will be a minimum of \$1.00 to a maximum of 2.5%.

EMERGENCY INFO CARD

Child's Last Name	Child's First Name	Birth date & Age
Child's Primary Address		
Mother's/Guardian's Name	Home Phone	Alt Phone
Father's/Guardian's Name	Home Phone	Alt Phone
Emergency Contact	Contact Phone 1	Contact Phone 2
Health Concerns, Allergies, Behavioral Concerns, etc.		

EMERGENCY INFO CARD

Child's Last Name	Child's First Name	Birth date & Age
Child's Primary Address		
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